

# King Bio Fatigue Reliever™

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You may have fatigue! Fatigue is defined as a feeling of weariness, tiredness, exhaustion, lethargy, or lack of energy. Fatigue makes us feel as though our “get up and go has got up and went” and is a very common symptom in our society. It is often hard to know whether you are simply run down or have symptoms of another condition.

**King Bio's Fatigue Reliever™** is an extraordinary homeopathic formula designed for the relief of fatigue due to overwork, loss of sleep, exhaustion, indifference, muscle weakness or dullness. The twenty carefully researched homeopathic ingredients in **King Bio's Fatigue Reliever™** have also been well-documented for their ability to relieve drowsiness, headaches, inability to fall asleep, nausea, sudden drain of energy and sweet food cravings. **King Bio's Fatigue Reliever™** is great for fatigue related to overwork – whether mental, emotional or physical. This product restores the nervous system from burnout. It is not a stimulant. You can actually take this product before sleep and sleep more soundly. This again shows how homeopathy works more on a corrective or restorative level rather than as a stimulatory. **Fatigue Reliever™** is also useful for the correction of hypoglycemia.

Now, let us look more closely at fatigue and learn how to distinguish it from symptoms of more serious conditions.

Fatigue is a lack of energy and motivation - whereas drowsiness and apathy (a feeling of indifference or not caring about what happens) can be symptoms of fatigue. Fatigue is a normal response to physical exertion, emotional stress, boredom or lack of sleep. However, if you wake up in the morning rested but rapidly develop fatigue with activity, you may have an ongoing physical condition like an underactive thyroid. On the other hand, if you wake up with a low level of energy and have fatigue that lasts throughout the day, you may be depressed. Dozens of conditions, infections and diseases may have fatigue as a symptom. Other homeopathic formulas and natural products that relate to the underlying dysfunctions will be helpful in these instances. Certain medications, diuretics, beta blockers, toxicity and poor diet are also possible causes of fatigue as a symptom.

Fatigue can also be a nonspecific sign of a medically serious psychological or physical disorder. Fatigue that is not relieved by enough sleep, good nutrition or a low-stress environment, combined with **King Bio Fatigue Reliever™** or the related complementary formulas listed below, should be evaluated to see if it is being caused by a more serious medical condition.

In case you are not familiar with homeopathy, it is a scientific system of healthcare that activates the body's own healing processes in order to cure disease naturally, gently and promptly.

All **King Bio** natural medicines have:

- no side effects
- no contraindications
- no known reactions with other drugs
- no known allergic reactions
- no toxic chemical poisoning potentials
- and are non-habit forming

Everyone from newborns to the elderly can safely use these medicines. **King Bio** natural medicines can be safely and effectively combined with nutritional and herbal remedies, as well as other conventional drugs and medical procedures. **King Bio's** natural medicine line is a pure-water based line with no alcohol, sugar or glycerin.

Complementary **King Bio** formulas you might want to consider include:

- Constitutional Enhancer™
- Chronic Viro Reliever™
- Mental Alertness™
- Allergy/Food & Chemical Reliever™
- Yeast Free®
- ICV Clenz™
- Blood & Kidney Detox™
- Liver Detox™
- Lymph Detox™
- LymePlex™
- Acid Clenz™
- 911 Stress Control™
- Good Mood Enhancer™
- Mood Changes™
- Grief & Guilt Reliever™
- Anxiety & Nervousness™

Some other common sense tips for reducing fatigue that work hand-in-glove with homeopathy include:

- consistently getting a good night's sleep
- eating a healthy diet and drinking plenty of water each day
- exercising regularly
- practicing relaxation each day, such as yoga or meditation
- changing stressful circumstances, when possible. (e.g. switching jobs, taking a vacation, dealing with problems)
- taking a multivitamin daily
- avoiding alcohol, nicotine and drug use

Combining **King Bio's Fatigue Reliever™** and/or complementary formulas with a sensible, healthy outlook on life, can effectively enhance your constitution and quickly help to make your fatigue a thing of the past!

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*Frank J. King Jr., N.D., D.C. is a nationally recognized researcher, author and lecturer on homeopathy. In addition, Dr. King is the founder and director of King Bio; a registered homeopathic manufacturing company dedicated to empowering people to safely and naturally overcome the common problems plaguing our society.*