

Taking Our Health Higher with Homeopathy

We are living in the most opportune time in all of history. Because of advances in science and technology, we have enormous potential to maximize our health. The knowledge of health and healing, coupled with products available today, affords us the highest level of control over our health ever known.

One of the simplest tools we have at our disposal
is the power to make right choices.

We can choose to consume healthy or unhealthy foods; opt to think healthy or unhealthy thoughts; or decide on healthy or unhealthy relationships. And the choice of which medicines we put into our bodies can make the most significant difference of all!

Most people believe that our bodies were not meant to or able to exist in consistently excellent health. A majority of our society would probably concur that at least some ill health is inevitable. However, we must change our paradigm to acknowledge that not only are our bodies designed to heal themselves; we are also designed to not to even get sick in the first place!

There are only two forms of medicine recognized and registered by the Food and Drug Administration (FDA). The two forms provide totally different functions and outcomes. The first type is the variety that most of us are familiar with: regular allopathic drugs designed to alter or suppress

symptoms. The other type, which has become better respected and popular in the last couple of decades, is a natural, homeopathic drug.

Homeopathy is based on this principle that the body is designed to be healthy, and functions very differently from herbs, vitamins, and minerals. While these substances work on a *biochemical* level to change or support body chemistry, homeopathy works on a *bioenergetic* level to bring balance to the body's communication networks. The bioenergetic realm of life controls the biochemical realm.

All body functions are controlled and coordinated through energetic communication networks, such as the nervous system. Every chemical within the body has a particular charge to respond very specifically to our energetic control networks. By balancing our energetic communications with homeopathy, the stability of the body's biochemical functions can be restored.

Homeopathy's Validity

One of the biggest reasons for homeopathy's rise in popularity is its impeccable safety profile. To this day, homeopathy remains the safest modality for everyone from pregnant and nursing women, to newborns and children of all ages. Rather than suppressing symptoms, as with common 'traditional' drugs, homeopathic formulas work *naturally*, without fear of overdosing or contraindications. These safe, all-natural medicines evoke resident health responses that should have worked properly in the first place.

A *natural* pharmaceutical science, homeopathy uses minute doses of pure extracts from all realms of nature. Mixed in precise combination, these ingredients become potent health formulas that help clear nerve interference and activate the body's restorative power. Homeopathic doses are so small and the preparations so naturally pure that they produce no side effect or negative drug interactions.

Homeopathy recognizes that symptoms of themselves are not the problem, but rather the result of the body's effort to cope with an *underlying* problem. Symptoms are actually the body's way of restoring balance and wellness. And, since homeopathy targets underlying causes rather than symptoms, the body responds to disease naturally, gently, and promptly.

When symptoms are suppressed by conventional drug therapy, a true cure becomes less likely. Certain strong drugs that overwhelm the body's inherent tendency to heal can seriously weaken the immune system and other defense processes. As symptoms are suppressed, they progress deeper into the mental, emotional, and physical levels. However, because homeopathy is an *expressive* rather than a *suppressive* therapy, underlying causes can be addressed and corrected, and symptoms cleared rather than being compelled deeper into the body.

The Law of Similars

The active principle at work in homeopathy is a verified law of pharmacology, the *Law of Similars*. This law states that that a *dilution of a substance can*

remove the symptoms, which that substance, in larger amounts, is capable of evoking.

For example, if one drinks too much coffee, the mind races, and it is difficult to sleep; the nervous system is on edge, and trembling may occur. A homeopathic dose of coffee will gently and promptly reverse these symptoms.

Another example is the reaction caused by being exposed to sliced onions. Symptoms produced by sliced onions are very similar to those of hay fever. As might be expected, a remedy for hay fever is the onion, specifically diluted according to exact homeopathic principles.

Simple Solutions for Common Problems

One of the more typical health problems during spring, summer, and fall is allergy to a variety of different pollens. It is interesting to note that allergies affect over 35 million Americans and are growing at an accelerated rate. They can cause a wide range of physical as well as mental and emotional symptoms.

Respiratory allergies can primarily occur from pollen, house dust, pet dander, and molds. Most people believe allergies are a permanent condition requiring continual treatment just to suppress their symptoms to a tolerable level, but this simply is not true! Allergies, hay fever, and sinusitis *can be corrected and are commonly cured* with homeopathy.

Introducing medications in the form of synthetic chemicals for allergy symptoms is like throwing a blanket over a problem to hide it; the problem can't be seen, but it is still there with the very strong potential to manifest as other physical, mental, or emotional symptoms. Homeopathy helps naturally overcome the underlying causes to allergy symptoms. Using the principles of the Law of Similars, homeopathy affects those systems within the body to correct response to offending substances. So, rather than suppressing a symptom, homeopathic remedies go straight for the underlying cause and the subsequent cure.

Homeopathy allows individuals to chose to ascend to new, higher levels in their personal healthcare. Individuals in pursuit of more abundant health can rest assured that homeopathy works in total harmony with their expectations. With its ability to work naturally and safely, individuals begin to walk out their goals of living in newer, higher altitudes of wellness. Enjoy the journey!

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