

# Contemporary Homeopathic Enhancement Systems and Solutions™ (C.H.E.S.S.)

Dear Colleague,

King Bio™ was established to equip doctors, like you, with the tools to overcome the common, chronic, recurring health problems plaguing our society.

Beginning in 1979 with the King Health Center, my team of 4 doctors, 13 support staff, and I researched, tried, and tested virtually every method of enhancing natural health care from around the globe. Overwhelmingly, homeopathy proved to be the most effective modality to complement natural health care that we found. Homeopathy actually works bio-energetically to correct core interferences at the highest levels in the hierarchy of our health.

This work developed into a highly successful practice, backed by hard copy diagnostic data demonstrating successful correction of a broad spectrum of conditions. Interestingly, as we developed our approach, our success was so remarkable that it kept our team excited and motivated on a daily basis. The clinical results grew to such a point that it became inevitable—we had to share our experiences with other professionals.

Contemporary Homeopathic Enhancement Systems and Solutions (C.H.E.S.S.™) is an uncomplicated, complete, turn-key procedural system that can be effectively implemented overnight for a broad-scoped, high-volume practice. This empowering program will provide you with everything you will need from products to procedures. The C.H.E.S.S.™ is about more effectively helping more people.

By applying the C.H.E.S.S.™, I personally:

- Broke the \$1 million mark in the 1980's
- Successfully broadened my scope of practice
- Received a premium for my services
- Developed a waiting list practice, seeing 50 to 100 patients per day
- Established a faithful patient base that averaged 12 referrals per year
- Acquired 36% of my patients from over an hour away
- Established a primarily cash practice
- Became liberated from managed care and insurance demands
- Became a highly respected doctor in my community
- Enjoyed much greater personal fulfillment

I am committed to sharing the success of our system with my colleagues. The powerful concepts and procedures of this system, fine-tuned for you during years of field-testing, are outlined here. Read, apply, and enjoy the fruits of these quality services.

King Bio provides free ongoing training and technical support to assist you every step of the way. Simply call 800-543-3245, Monday through Friday, 8:00 AM -5:00 PM EST, and we will be glad to assist you. I encourage you to transform your practice today.



Frank J. King Jr.  
President

# VISION FOR THE FUTURE TODAY

*King Bio Mission Commitment to Practitioners:*

## COMMITTED TO TEACH

You, the practitioner, how to easily and successfully integrate the powerful therapeutic potentials of homeopathy into your current practice.

## COMMITTED TO EQUIP

You, the practitioner, with the tools necessary to make you a doctor of the whole person, both bio-chemically and bio-energetically.

## COMMITTED TO ASSIST

You, the practitioner, in the fulfillment of your great destiny as a doctor of the whole person.

**Famous Testimonials** “I can’t manage without homeopathy. In fact, I never go anywhere without homeopathic remedies. I often make use of them.

-Paul McCartney

“If I was not an actress, I would be a homeopathic doctor.” -Lindsay Wagner

“It is not as if our homeopathic brothers are asleep: far from it, they are awake—many of them at any rate—to the importance of the scientific study of disease.”

-Sir William Osler, “The Father of Modern Medicine”

**Client Testimonials** “Several months ago, you sent a sample of Sinus Relief to the chiropractor I am employed by. He began to experience results within a few days.

I had stopped taking HRT several months earlier and was experiencing terrible night sweats and hot flashes. I tried the black cohosh, the ESTROVAN, and other OTC products without success. My quality of life was deteriorating, as I was terribly sleep deprived and I was just about ready to refill my HRT prescriptions and take my chances with the possible side effects. Then my boss recommended that I try your Menopause formula. The big seller for me was that it had no side effects.

In desperation, I ordered it. Within 4-5 days, my symptoms had subsided 50% and, after about a week, I was sleeping through the night. No night sweats, no opening and closing the windows at work all day. It’s incredible!! I don’t know how it works and quite honestly don’t care, all I know is that it does. I have recommended it to many friends who are experiencing the same relief.

My co-worker who has struggled with insomnia for quite some time is experiencing great relief using the Anxiety/Nervousness formula in conjunction with the Sleep Aid. She is also amazed at the results. We are so grateful for your products.

M.G.D.-Milton, NY

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# THE CHALLENGE

As you consider the C.H.E.S.S.<sup>™</sup>, remember this: we have testimonials from all over the world about the dynamic effectiveness of our products. They work, and we have been working directly with doctors since 1989.

The C.H.E.S.S.<sup>™</sup> is not, however, about miraculous ways to choose magic bullets, expecting single bottles to clear every condition. Nor is it about dabbling with homeopathy. It is, instead, a comprehensive, field proven resource that provides the 21<sup>st</sup> century doctor with a 21<sup>st</sup> century armamentarium. Use it with or without other natural therapies as you continue to bring forth the fullest expression of health in your patients.

**We challenge you to thoroughly test these procedures and see the healing doors open wide in your practice.**

## ABOUT THIS BOOK

This book is a practical guide to King Bio's C.H.E.S.S.<sup>™</sup>. It is not a glitzy marketing promo. We do not believe in expensive, high pressure marketing techniques. We believe in providing comprehensive materials that tell you exactly what we offer and show you how to maximize your potential.

We ask that you recognize that this procedural guide is a valuable and functional resource for you and not a sales pitch.

## HOMEOPATHY FOR EVERY PROFESSION

Homeopathy can benefit every profession, specialty and style of practice. As you review the comprehensive armamentarium of SafeCare<sup>RX</sup> medicines you will see how homeopathy bridges every realm of health care from emergency medicine to preventative care.

SafeCare<sup>RX</sup> medicines are designed to provide any practitioner with a different approach to more safely and effectively correct the underlying causes of disease by activating the body's inner innate abilities to heal and restore that are resonate within each and every one of us. The uniqueness of homeopathy equips every practitioner with the added ability to be better at what they do.

Whether you are working with chronic, recurring, and elusive or ever so called incurable condition or you simply want a safer more natural approach to correcting underlying causes, homeopathy can help make you the best practitioner you can be!

- A. GENERAL PRACTITIONER
- B. ONCOLOGY
- C. OBGYN
- D. PSYCOLOGY/PSYCHIATRY
- E. PEDIATRITION
- F. ACUPUNCTURE
- G. NATUROPATHY

H. NUTRITION  
I. HERBOLOGY  
J. BODY WORK

## TO THE CHIROPRACTIC PROFESSION

Homeopathy actually corrects nerve interferences where the hands of the chiropractor cannot reach. In fact, homeopathy empowers the chiropractor to impact the whole nervous system. Together chiropractic and homeopathy equip the chiropractor to safely and effectively help a majority of the problems plaguing our society by correcting the profusion of nerve interferences occurring throughout the whole person.

The powers and potentials of our great profession exceed far beyond what we have seen. Our profession was positioned from its beginning to expand in its power and influence, not shrink back in mediocrity. To accurately set our compass to the full potential of chiropractic, we must first align our vision with the vision of the founders who created chiropractic.

I am reminded of D.D. Palmer's vision about how he expected chiropractic to mature:

"But as soon as the human mind is capable of absorbing, a still more refined and advanced method and human inspiration demands it, it will be delivered to the denizens of the earth. A few years ago it was thought impossible to send a telegram without using a stretched wire from post to post to convey it from one point to another. Today, by proper adjusting, messages are sent thousands of miles over land and sea without the need of posts or wire. Is it too much to expect a similar development, along chiropractic lines, to be awaiting our beck and call?"

--D.D. Palmer  
The Chiropractor's Adjuster, 1910

I believe Palmer's vision for chiropractic is fulfilled by homeopathy. Homeopathy offers chiropractic the ability to go beyond the limitations of the "stretched wire from post to post" analogy. We will never fulfill the high call of chiropractic until we transcend the limitations of the spine and address the bigger picture involving the plethora of nerve interferences throughout the whole body. A more complete understanding of nerve interference would encompass a combination of irregular neurological dysfunctions including reflex aberrations, abnormal reflex responses, dysfunctional memory patterns, pathological reflexes, and inherited reflex anomalies that can occur anywhere from the brain to the most peripheral portions of our body. As we take steps to embrace a bigger picture of nerve interference, we will take quantum leaps toward fulfilling Palmer's vision for chiropractic.

Homeopathy offers chiropractic a detailed and comprehensive approach to correcting the deeper dimensions of nerve interferences beyond the bone on the nerve. Homeopathy understands the essence of how we are intimately interconnected with the world around us. We cannot survive more than a few minutes without a functional relationship with the atmosphere in which we breathe, drink, and eat. Homeopathy provides a comprehensive compilation of our neuro

sensory and motor relationships to the substances of our world and extracts the innate vital force from these substances through a comprehensive process called potentization. Homeopathy offers chiropractic over 200 years of controlled studies called provings that are also backed by clinical outcomes to confirm its efficacy and safety. This information is recorded in various texts called homeopathic Materia Medicas and repertories that help chiropractors to better impact the whole nervous system.

Like chiropractic, homeopathy works to activate our body's natural, innate abilities to express optimal health. Homeopathy, with its serial dilutions and succussions beyond the molecular levels, works not bio-chemically but bio-energetically upon the nervous system to activate proper healthy functions of the body. The science of homeopathy offers the chiropractor a detailed network of tools to easily, safely, and effectively correct the bigger picture in regard to nerve interference.

### **Homeopathy and chiropractic coincide ideally in philosophy, mode of action, and in effectiveness:**

**1. PHILOSOPHY-** The body is a self-healing organism. Healing occurs when proper communication is established within the nervous system. SYMPTOMS are simply the body's own intelligent way of communicating a problem through the sensory nervous system. Our purpose is to help the body, not by masking or suppressing this phenomenon of sensory communication, but by expressing the body's attempt to heal.

**2. MODE OF ACTION-** to assist the body's own innate natural healing capabilities through the nervous system. Healing occurs from top to bottom - from the inside to the outside. Retracing or temporary aggravation of symptoms is the body's positive attempt to heal and may indicate the true healing responses to the cause of disease.








**3. EFFECTIVENESS OF RESULTS-** Homeopathy has the most profound effect on the nervous system. Often, symptomatic relief is noticed within minutes or even seconds after taking a homeopathic remedy, confirming its therapeutic pathway through the nervous system.

Sounds like chiropractic, yet these basic principles originated over 200 years ago with the inception of homeopathy. As you might have figured, these principles originated with homeopathy and predate Palmer's discovery of chiropractic.

While D.D. Palmer is credited for being the founder of chiropractic, B.J. Palmer made a name for himself as the developer of the practice. His vision was to empty the hospitals, insane asylums, and jails and fill the churches. Homeopathy offers chiropractic the opportunity to expand its scope of practice to begin fulfilling B.J. Palmer's vision. Homeopathy has an exhaustive arsenal to correct imbalances in the body, mind, and emotions.

## **What Kind of DC Do You Want to Be?**

Have you ever felt unfulfilled or that something has just been missing in your practice? If so, then it's time to ask yourself some serious questions that can significantly and positively change your practice:

-  Do you desire to experience more in chiropractic than the basic aches, sprains, and strains of a musculoskeletal practice?
-  Is it in your heart to help the whole person?
-  Do you want to rise up out of the mundane and take chiropractic to a whole new level?
-  Would you like safe, simple, and easily applied procedures to effectively help the ever-growing multitudes suffering from chronic, recurrent conditions in which conventional procedures (medical and chiropractic) have been ineffective?
-  Are you ready to be liberated as a chiropractor, free to help more people?
-  Do you want to broaden your scope of influence?
-  Do you want to increase your value as a DC?

If your answer was yes to these questions, you are taking positive steps in the right direction to accomplish these goals.

## The Ideal Practice

What would be the ideal practice for a doctor of chiropractic in today's climate? You would have an abundance of patients waiting to see you without having to use sales gimmicks. People would travel long distances to see you and would pay cash for your services whether or not they had insurance. You would be liberated from managed care or the dependency on health insurance companies. You would have the good reputation for helping people that other doctors could not. Would you want to help more people in fewer visits than other chiropractors? Everyone wants to see the doctor who can correct so-called chronic conditions that others cannot. If this is the kind of practice you want to have and the kind of doctor you want to be, continue reading.

The majority of the population is affected by some supposed, incurable, or recurring problem that neither medical nor chiropractic has been able to resolve. These people are open to, hungry for—even hoping and praying for—someone to come along with an answer to their dilemma. Disease continues to rob people of their quality and span of life. These people are seeking **a doctor who is willing to step up to the plate and try to help them.**

Beyond the restrictions of insurance and managed care, people are willing and ready to find someone with an answer. The answer to their prayers can be **YOU**. Are you willing to break the mold and step out of the box? Are you ready to legally and ethically experience the potentials awaiting you?

The rewards are many. After 25 years of practice, I can honestly say there are no incurable diseases, only incurable people who have not yet found the solutions they need to receive their healing. You have the opportunity to provide those solutions for optimal health, which the world is so hungry to receive.

The proof of homeopathy is in the practice. The founder of homeopathy, Samuel Hahnemann, frequently challenged his critics by saying “Aude Sapere,” which is Latin for “dare to taste.”

# Contemporary Homeopathic Enhancement Systems and Solutions™

(C.H.E.S.S.™) A Complete, Streamlined, Turn-key Training Program

**Contemporary Homeopathic Enhancement Systems and Solutions™** is an integrated, functional system of natural health care. By design, **C.H.E.S.S.™** complements and enhances your practice by the use of scientifically proven, time-tested principles of contemporary homeopathy and a streamlined case management program. After two decades of research, **C.H.E.S.S.™** brings the many benefits of homeopathy into contemporary health care practices.

This program has several outstanding features and benefits, including:

1. A comprehensive line of homeopathic formulations created to complete the contemporary practice.
2. An easy-to-use approach that includes practical, step-by-step guides that equip doctors with tools to produce great results with common health problems currently perplexing our society.
3. An efficient procedural method for solving challenging cases.
4. Professional, ongoing, dependable, and informative consultation service to help you every step of the way.

**Call toll free 1-800-543-3245, Monday-Friday, 8-5 EST**

**C.H.E.S.S.™** is not just a bunch of products, a band-aid therapy, or a temporary practice-builder. Nor is it a gimmick for short-term sales.

**C.H.E.S.S.™** is a resource for the 21<sup>st</sup> century practitioner, a proven long-term practice builder, and a needed community service, vital to completing our destiny as complete facilitators of the healing process.

**“Homeopathy cures a larger percentage of cases than any other method of treatment, and is beyond all doubt safer, more economical, and the most complete medical science.”**

**-Mahatma Gandhi**

# ABOUT HOMEOPATHY

Homeopathy is a scientific system of health care that activates the body's powerful, innate healing resources. A natural pharmaceutical science, homeopathy uses minute doses of pure extracts from all realms of nature. Mixed in precise combinations, these ingredients become potent health formulas that help clear nerve interference and activate the body's restorative power.

Homeopathy recognizes that symptoms are not the disease, but rather the result of the body's effort to cope with an underlying problem. Symptoms are actually the body's way of restoring balance and wellness. Homeopathy targets underlying causes, not symptoms. This helps the body cure disease naturally, gently, and promptly without the threat of side effects or negative drug interactions.

## Suppressive vs. Expressive Treatment

When symptoms are suppressed by conventional drug therapy, a true cure becomes less likely. Certain strong drugs that overwhelm the body's inherent tendency to heal can seriously weaken the immune system and other defense processes.

A weakened system is more susceptible to serious physical and mental illness. As symptoms are suppressed, they are driven deeper into the mental/emotional and physical levels. Because homeopathy is an expressive rather than a suppressive therapy; underlying causes are corrected and symptoms clear rather than being driven deeper into the body.

**Homeopathy is designed to express  
health and life at its highest level.**

## The Law of Similars

The active principle of homeopathy is a verified law of pharmacology: the Law of Similars. This law states that a **dilution of a certain substance can remove the symptoms which that substance, in larger amounts, is capable of evoking.**

For example, if one drinks too much coffee, the mind races and it is difficult to sleep; the nervous system is on edge, and trembling may occur. A homeopathic dose of coffee will gently and promptly reverse these symptoms. The fields of genetics, physics, chemistry, and immunology also incorporate the Law of Similars.

Because the doses are so small and the preparations naturally pure, homeopathy has no side effects or known harmful reactions with other drugs.

# CLASSICAL VS. CONTEMPORARY HOMEOPATHY

Modern practitioners of homeopathy generally fall into one of two schools: classical or contemporary.

Classical homeopathy is the original system founded 200 years ago and developed over the next 100 years. Procedures include compiling extensive, detailed notes on each case, then prescribing a single remedy. The contemporary approach includes a combination of remedies, applied kinesiology, and sublingual testing procedures.

In developing our revolutionary contemporary system, we have gleaned key aspects of the classical approach and combined them with modern techniques to achieve an effective, easy-to-use system.

Even when using contemporary homeopathy, the principles of classical homeopathy are helpful, and sometimes, essential. However, the classical approach alone has its limitations.

The primary problem is the time involved in compiling a detailed case history. It often takes well over an hour to acquire the necessary information to select the appropriate remedy. From this point, it could take three or four remedy tries, each lasting approximately one or two months, to find the correct remedy for just one aspect of a complex health profile.

## The Modern Disease Picture

With the advent of the Industrial Revolution, environmental toxicities, vaccinations, and suppressive drug therapies, the basic evolution of disease processes became more complicated. The disease patterns of today are much more complex than they were 100 to 200 years ago when classical homeopathic principles were developed.

“...For the introduction of Homeopathy, which forced the old school doctor to stir around and learn something of a rational nature about his business, you may honestly feel grateful that homeopathy survived the attempts of the allopaths (orthodox physicians) to destroy it.”

-Mark Twain

Since 1979, we have tested both the classical and contemporary approaches and correlated the results. During this time, our doctors and support staff have utilized these methods and correlated them with good hard-copy diagnostic backup, including x-ray, computerized blood, urine and saliva workups, questionnaires, ECG, EEG, EMG, pulmonary function, thermography, etc. Our clinical experience indicates that the more comprehensive approach to contemporary homeopathy yields greater results.

**Our revolutionary, contemporary homeopathic system equips you to help more people more efficiently than you ever thought possible.**

# Contemporary Approach to Correcting Miasms

## What are they?

Science has shown that we are designed to be healthy. We have all the mechanisms resident within us to attain and maintain great health. Dr. Samuel Hahnemann, the Father of Homeopathy, discovered that susceptibilities and tendencies toward disease occur when our normally healthy mechanisms break down. The sicknesses we suffer from today are not just what we have acquired from this lifetime, but from thousands of years of inheritance passed on to us in genomic or genetic code. The remarkable restorative powers of homeopathy can actually clear and correct the inherited negative tendencies toward disease, both in ourselves and our offspring.

The term **miasm** was used by Hahnemann to describe the trans-generational causes for disease. The word miasm itself means an “obstacle to cure.” Hahnemann asserted that, unless the “obstacle to cure” is dealt with, the cure of disease would always be incomplete. In modern terminology, miasm means “diathesis, constitutional susceptibility, or predisposition to a particular disease.” The deeper roots of disease can be traced back through generations to five primary diseases. The good news is that these miasms can be corrected and cleared from us with homeopathy.

The five miasms are cancer, gonorrhea (sycotic), syphilis, tubercular (TB), and psora. They alter the ideal genetic blueprint for our health and can affect our entire being- physically, mentally, and emotionally. The deeper we work in building and restoring our health to its highest levels, the greater our chances that we will discover the probability that we may actually have multiple miasms and, perhaps, all five miasms.

Miasms can be either acquired or inherited. For example, one could acquire a miasm by contracting gonorrhea. When treated with antibiotics, this form of suppressive therapy can cause gonorrhea to go dormant, only to become active and show up later in life in the form of allergies, sinus, herpes, vaginitis, warts, tumors, jealousy, selfishness, or uncontrolled sexual desires. Hence, acquired miasms are acquired during our lifetime.

The vast majority of miasms, however, are inherited. The chance of inheriting miasms from ancestors is much greater than acquiring it in our own lifetime. Inherited miasms can be active or dormant. An active miasm causes a present symptomatic picture or expression related to the symptoms associated with it. The symptoms listed under each of the following **SafeCare<sup>®</sup>** miasm formulas are general guidelines to go by. A person does not have to have all the symptoms to have the miasm. The best time to consider using a miasm formula is when the symptoms are present. A dormant miasm is one hidden deep within the body that is not expressing any of its possible symptoms. It is recommended not to attempt treating dormant miasms unless other testing procedures, such as electro-diagnostic or reflex response tests indicate the need for a specific miasm formula.

Miasms are not hard to treat with homeopathy. They will, however, show up throughout our lives, especially as we go through healing and restorative processes during homeopathic treatment. Most people have more than one miasm. Different miasms, as

well as the same one, can show up periodically throughout the healing process. Homeopaths have experienced how miasms exist in various layers within the body. They understand that, as we work at correcting disease and building health, it is like peeling away the layers of an onion. Regular homeopathic formulas work to strengthen and restore health to the body according to the symptomatic expressions of the body. When these conditions have a tendency to recur or be non-responsive, a deeper acting remedy for a miasm may be needed to more completely correct the condition. As we continue to peel away the disease, the layers impairing our normal healthy expressions, we will usually discover various miasms along the way. These miasms can be the same one, a different one, or both.

Each of the miasms has particular homeopathic ingredients that are synergistic in their ability to completely eliminate the disease. **SafeCare<sup>RX</sup>** miasm formulas use combinations of these synergistic ingredients to more effectively correct and cleanse these miasms from our bodies. Using our unique multiple-potency approach, each one of the ingredients is mixed into equal volumes of 10X,30X, 100X, 1M, 1LM, 2LM, and 3LM potencies. These high potency formulas work deeply to more completely help cleanse both ourselves and our future generations of these underlying causes of susceptibility to disease.

The eradication of miasms is essential to both the restoration of our health and the eradication of disease from our planet. I have used homeopathy long enough myself to see genetic disease patterns in children corrected and to observe the liberation from those diseases in their offspring as well. I have seen this remarkable healing phenomenon in cases such as childhood obesity, allergies, breathing disorders, skin disorders, certain behavioral disorders, and in anxiety-ridden or nervous people. What a wonderful reward not only to see both children and adults healed of devastating genetic or life-long health problems, but to also see their children born and grow up free from those inherited family health problems and weaknesses.

### **How do you treat miasms?**

Miasms are deeply matrixed—or integrated—into our innermost being from our family tree over thousands of years. Although they are not difficult to correct with homeopathy, they are not always wiped out in a single blow.

Homeopaths have shown how disease patterns from the lives of our ancestors are trapped in and throughout the layers of our lives. These layers are like clear overlays seen on global maps demonstrating how global shifts and changes in boundaries of countries have taken place over time.

**SafeCare<sup>RX</sup>** miasm formulas are best used as intermediary remedies. While applying standard homeopathic and other health enhancement therapies, the need for the **SafeCare<sup>RX</sup>** miasm formulas will arise at various times. Treating miasms can cause remarkable changes in one's health. Commonly, these changes can cause both wonderful, enlightening, euphoric experiences as well as times when more intense cleansing crises may occur, creating temporary discomfort of the eliminative or cleansing processes. Some of the commonly experienced symptoms may include emotional

releases, skin breakouts, itching, fever, fatigue, bowel movement changes, breathing changes, and various forms of pain. These symptoms can be severe at times, but they are also temporary and non-damaging to the body. Remember, the body is orchestrating the healing crisis and will not harm or cause any permanent damage, even though it may feel like it at times. Although the healing crisis is not always comfortable or convenient, it is essential to our optimal healing and restoration!

It is best to monitor patients closely when using the miasm formulas, and explain that there is a 60% chance of experiencing some form of cleansing response. Explaining this phenomenon in advance makes a big difference in your patient's attitude when going through a cleansing crisis. When enduring these uncomfortable times, it is much better to be praised for your wisdom than to be cursed in distrust!

Because of the possible volatility of symptoms when treating miasms, I don't recommend starting out a new patient or a patient without experience with natural healing or detoxification with a miasm treatment. They may not be strong enough to handle the elimination of the miasms in the most graceful of ways, especially if the patient is in a weakened state of health. I recommend addressing the primary symptoms with **SafeCare<sup>RX</sup>** symptom-specific formulas first, along with any of the **SafeCare<sup>RX</sup>** Detox & Drainage formulas. These products will help strengthen and restore the natural healing and eliminative functions of the body.

As the patient gets stronger during basic homeopathic treatment, they will be better equipped to deal with the miasm treatment. Miasm formulas are great to use when people don't respond to homeopathic treatment or reach plateaus where they seem to level off and become stagnant in their health enhancement. Miasms have a tendency to show up periodically over years throughout the healing processes. Even miasms that didn't show up previously in testing may show up later in the treatment program, as more of the layers of disease have been peeled away. Either the same miasm or different miasms formulas will commonly be needed periodically throughout our lives. Almost everyone has at least one miasm; many people have more than one. Very ill patients typically have many miasms.

Treatment with a **SafeCare<sup>RX</sup>** miasm formula may last a few days to a few months at a time. Dosages can vary from 4 to 6 times per day. Again, any forms of biofeedback or reflex response tests are the best guide to dosage and length of treatment and when to repeat treatment.

**SafeCare<sup>RX</sup> Constitutional Enhancer** should be utilized in a similar manner to the **SafeCare<sup>RX</sup>** miasm formulas. The functions of **SafeCare<sup>RX</sup>** Constitutional Enhancer are very similar and complimentary to the Miasm formulas.

**For more information on miasms and the miasmatic types, see the SafeCare<sup>RX</sup> miasm formulas listed in our Physician's Quick Reference Manual, Hahnemann's Chronic Diseases, Taberts's Art of Cure by Homeopathy, Kent's Lectures on Homeopathic Philosophy, Allen's Chronic Miasms, or Ortega's Notes on the Miasms.**

# THE C.H.E.S.S. SYSTEM™

## FORMULA LIST

Use the SafeCare<sub>rx</sub> Complete Armamentarium To Effectively  
Broaden Your Scope Of Practice!

### GENERAL HEALTH ENHANCEMENT

Constitutional Enhancer™  
CA Miasm™ SYC Miasm™  
SYP Miasm™ TUB  
Miasm™ PSOR Miasm™

### HEALTHY BODY

Bio Reset™ Jet Lag & Shift Change  
Bone Strengtheners™ Calcium  
Metabolizer™ Fatigue Reliever™ Hair &  
Nails Formula™ HGH – Triple Potency  
Anti-Aging™ Plak Attak™ Sleep Aid™  
Sugar Metabolizer Tremor Plex™  
VaccinoClenz™

### HEALTHY WOMEN

Birth Ease™ Breast Inflammations & Discomforts™ Female  
Enhancer™ FertiCare™ GynePlex™ Menopause™  
Cramps & Irregularities™ Morning Sickness™ PMS Relief™

### HEALTHY CHILDREN AND INFANTS

Attention & Learning Enhancement™ Bed Wetting Prevention™  
Children's Cough™ Children's Fever Reliever™ Children's Growth &  
Development™ Colic Relief™ Newborn Tonic™ Teething™  
TonsilCure™

Tummy Aches™

### HEALTHY MEN

Male Strengtheners™  
Prostate Strengtheners™

### HEALTHY SKIN

Acne Clear™ Anti-Aging &  
Wrinkles™ Athletes Foot  
Fighter™ Bug Away™ Cold  
Sores & Herpes Reliever™ No  
Sweat Anti-Perspirant™ Odor  
Freee™ Poison Ivy & Oak  
Relief™ Scar Cure™ Skin  
Irritations and Itch Relief™ Wart  
Freee™

### HEALTHY EYES

Allergy & Red Eye Relief™ CataCure™ Eye Stress™ Sty

### HEALTHY PAIN & INJURY RELIEF

Arthritis & Joint Relief™ Back, Neck, Muscle &  
Joint Injuries Relief™

Gout Symptom Reliever™ Hangover  
Relief™ Headache Freee™ Migraine  
Freee™ SciatiPlex™ TMJ/Jaw Formula™  
Teeth & Gums Formula™ Wounds  
Recovery™

### HEALTHY WEIGHT

Appetite & Weight Control™  
Appetite Enhancer™ Eating  
Disorders™ Water  
Retention™

## HEALTHY MIND & EMOTIONS

911 Stress Control®  
AddictaPlex™ Anxiety &  
Nervousness™  
Claustrophobia Freee™  
Fears & Nightmares™  
Fears & Phobias™ Good  
Mood Enhancer™ Grief &  
Guilt Reliever™ Mental  
Alertness™ Mood  
Changes™ Smoke  
Control™

## HEALTHY IMMUNE

Acute Viro Reliever™ Allergy/Food &  
Chemical Reliever™ Bactero Reliever™  
Chronic Viro Reliever Colds & Flu™  
Cough Control™ Earache Formula™  
Fever Reliever™ LymePlex™ Sinus  
Relief™ Sore Throat & Laryngitis  
Reliever™ Swollen Glands Relief™ Yeast  
Freee®

## HEALTHY DIGESTION

Constipation Relief™ Diarrhea Relief™ GallPlex™  
Hemorrhoid Relief™ Indigestion Relief™ Nausea & Motion Sickness™  
ParaClenz™

## HEALTHY URINARY TRACT

Bladder  
Incontinence™

Urinary Tract Infections™

UlcerPlex™

## HEALTHY CIRCULATION

Apoplex™ Artery/Cholesterol/BP™ Heart  
Regularity™ Nosebleed Relief™  
VeinoPlex™

## HEALTHY RESPIRATION

Allergies & Hay Fever™  
Asthma Clear™ Lungs &  
Bronchial Relief™ Snore  
Control™

## HEALTHY CLEANSING AND DETOXIFICATION

Acid Clenz™ Blood &  
Kidney Detox™ Chemo  
Clenz™ ICV Clenz™  
Liver Detox™ Lymph  
Detox™

## HEALTHY SPORTS ENHANCEMENT

Muscle Maximizer™  
Sporting Edge®

## HEALTHY CANCER SUPPORT

CS-Bone™ CS-Brain™  
CS-Breast™ CS-  
Heartburn Relief™  
General Support™ CS-  
Lymph/Hodgkins™ CS-  
Ovary™ CS-Pain  
Reliever™ CS-  
Rectal/Bowel™ CS-  
Skin™ CS-Stomach™  
CS-Uterus™

## The Manufacturing Process

**SafeCare<sup>RX</sup>** homeopathic combination formulas are composed of the purest available all-natural ingredients and are selectively chosen from all realms of nature. The ingredients are naturally harvested by qualified specialists according to the highest standards of the Homeopathic Pharmacopoeia of the United States (HPUS).

**Become a doctor who has the answers for the missing pieces of health in today's society.**

**This is the doctor people will highly respect, seek out, and travel distances to see.**

## Multiple Potency

Our formulas are created through a specialized procedure known as potentization. This process combines multi-potency serial dilution and succussion. Multiple potencies broaden the therapeutic spectrum and succussion increases neural energizing capacity. Each ingredient is potentized to the 10x, 30x, 100x, 1M, 1LM, 2LM, and 3LM levels. Individual potencies can be likened to radio frequencies. Like a radio signal, each potency operates at its own distinct intensity level.

A multiple-potency formula has a broader therapeutic spectrum than ordinary homeopathic formulas, which results in more efficient healing, flexible dosing, and overall ease of use. Our unique, multiple-potency process has achieved faster results as well as a higher percentage of results.

## Synergy

The ingredients are selected based on their ability to enhance the energetic effectiveness of each formula. This creates a synergistic effect in which the whole is truly greater than the sum of the parts.

The combination of synergy and multiple potentization simplifies the dosage procedure, increases therapeutic potential, and saves time. These remedies are precisely formulated to enhance the energetic response of the body. Recurring health problems frequently show reduction or even cessation because of the curative effects of homeopathy!

## Formula Safety

**SafeCare<sup>RX</sup> formulas are alcohol free, sugar free, sodium free, yeast free, and non habit-forming. They cannot inflict harmful side effects or cause reactions with other drugs. SafeCare<sup>RX</sup> formulas are the safest preparations on the PLANET!**

# YOUR PRACTICE AND THE CHESSTM

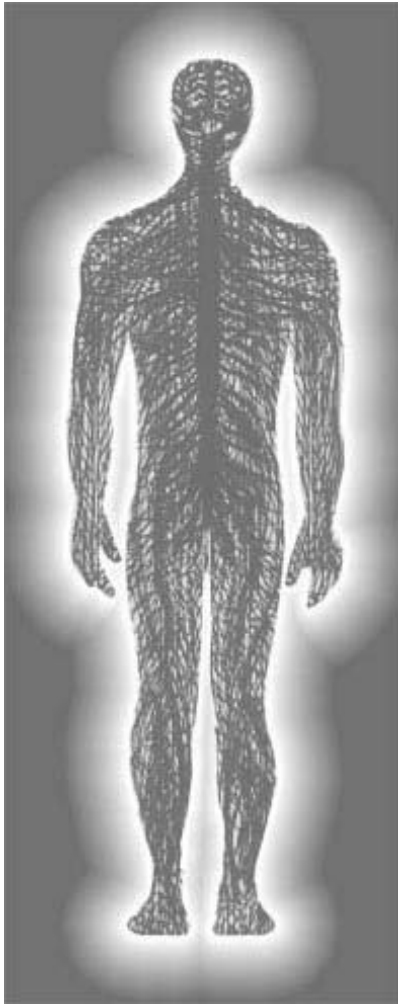


Figure 1

Consider your patients. Do many of them have chronic or recurrent conditions that do not seem to change or show only short-term improvement? Are you sometimes forced to ignore patient health problems because you are unable to do anything about them? Do patients sometimes lose hope or fail to even mention health problems to you at all? Unfortunately, because they have lost hope, some patients either end up with less effective practitioners or simply live in silence with a health problem. (How about you? Do you have any conditions that persist, despite present healthcare? Let us help you overcome them.)

Every doctor has at least some disappointed patients, those who gradually give up or even disappear suddenly because permanent results are lacking. Often, patients don't disappear completely, but retain only a low-level commitment, which severely hinders their recovery. Most chiropractors have too many patients in these categories.

While you cannot cure everyone, you can dramatically increase both patient commitment and the number of permanent solutions when you are armed with C.H.E.S.S.™.

**The Nervous System** The energetic control systems of the body (nervous system & acupuncture system) are designed to control and coordinate all bodily functions. Every chemical within our body has a specific charge waiting to be told what to do by the energetic control system. This system is the core of life in the hierarchy of health. It is this system that is the source of homeostasis and optimal health.

## **Expanding our understanding of the subluxation complex and the nervous system**

The subluxation complex is now more completely understood as a buildup of aberrant neurological dysfunction. This includes deep-seated pathological reflex aberrations, aberrant memory patterns, and sensory nerve interferences. In a process called neurobiotaxis, these neural deviations become pathological reflexes or memory patterns, resulting in deviant defense functions and abnormal body maintenance. Such neurological patterns may ultimately initiate pathologies.

**To teach, inspire, and motivate optimal health is as much a part of helping patients as a treatment.**

## **Homeopathy Applied to Chiropractic**

These problems are only sometimes corrected by an adjustment alone. Even the appropriate

homeopathic formula may not be 100 percent

effective. Homeopathy and chiropractic together give birth to a new dimension of neural restoration. This is accomplished by causing the brain to command the appropriate messages to be sent through the vertebral nerve roots and the sensory and motor neuronal networks. Chiropractic adjustments correct nerve interferences in the vertebral nerve roots which, in turn, maximize the homeopathic effect.

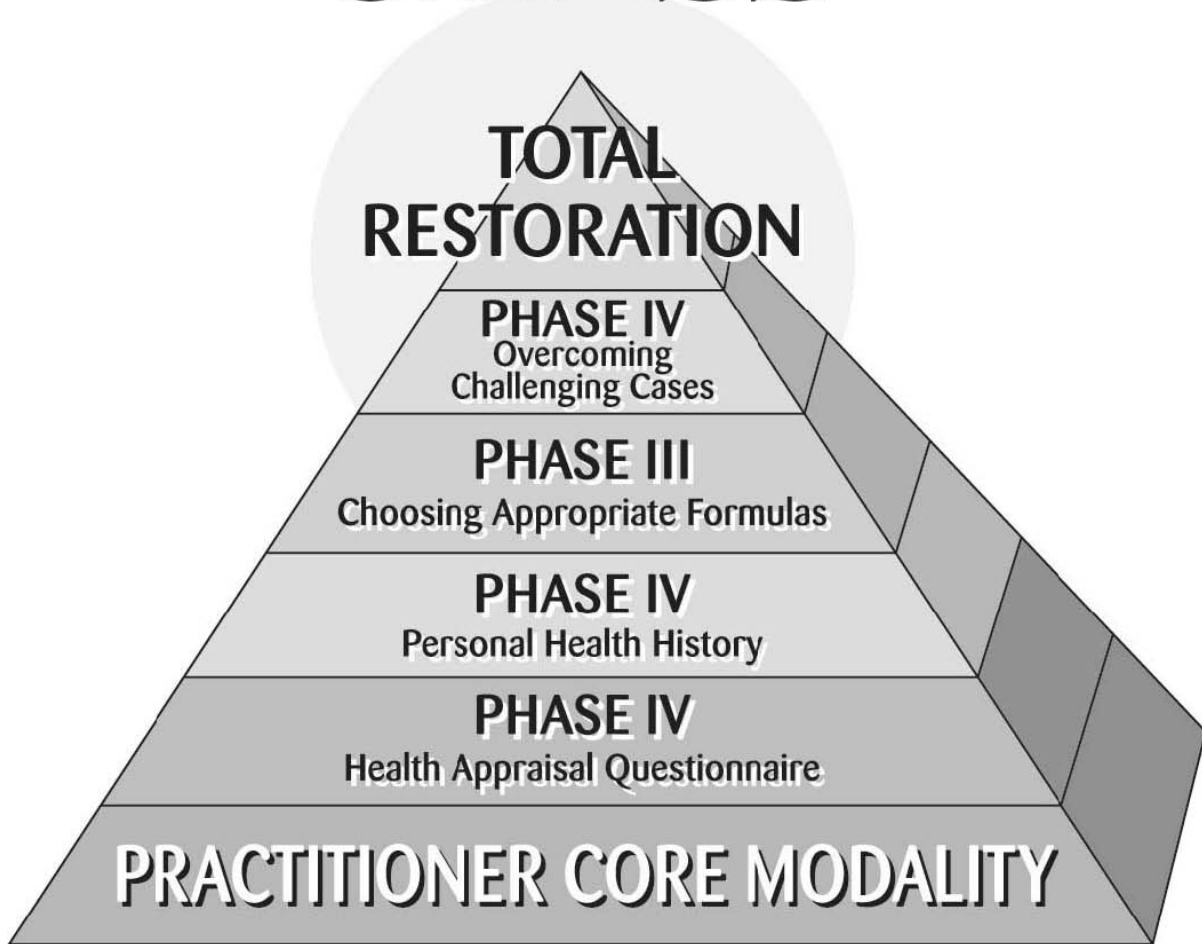
The appropriate motor responses may now occur, bringing proper balance to the muscles, tendons, and ligaments—stabilizing the subluxation complex in the spine and any other joints involved. At the structural level, patients hold their adjustments longer, which allows faster and more pronounced recovery.

## **What to Expect When Taking Homeopathic Formulas**

After, or even during, a combination treatment of homeopathy and chiropractic, patients may notice a sense of physical, mental, and emotional well-being. Many patients report they feel invigorated, with greater energy. They sleep better and may feel more peaceful. Others experience a sense of lightness, accompanied by laughter and emotional release occurring within a period of a few seconds or up to several hours. The corresponding increase in overall energy levels indicates that the whole person is healing.

**The bottom line is this: patients who have continued to experience ill effects from residual nerve interference (even after their adjustments) may now be aligned for complete healing. To recognize the disease of nerve interference and correct it more completely is to realize chiropractic healing at its fullest measure.**

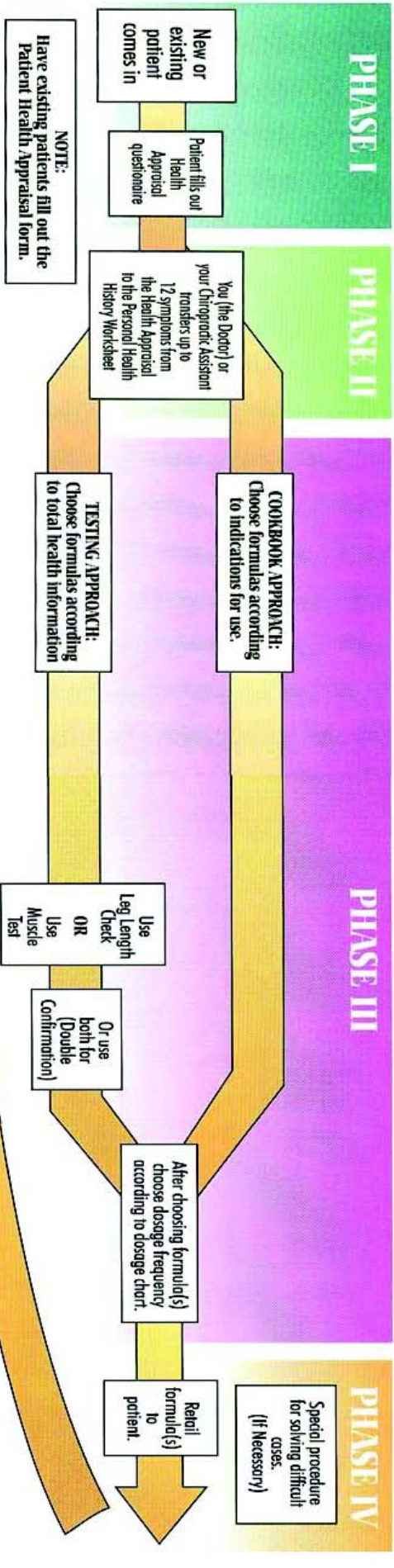
# ***CHES***



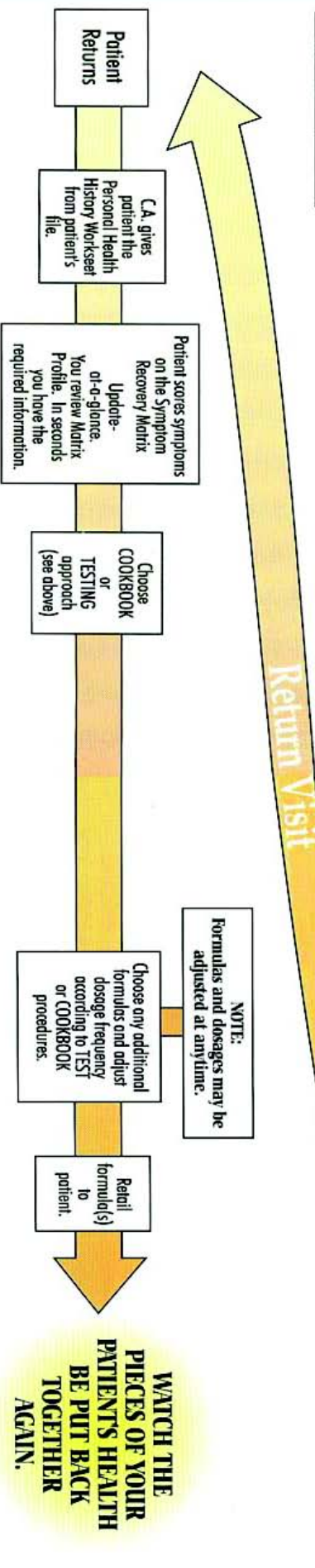
*CHES is built on the restorative powers  
resident within every patient*

**Figure 2**

**INITIAL PROCEDURE:**



**FOLLOW-UP PROCEDURE:**



**WATCH THE PIECES OF YOUR PATIENT'S HEALTH BE PUT BACK TOGETHER AGAIN.**

# Phase I

## PERSONAL HEALTH APPRAISAL (PHA)

“We must see the whole person to help the whole person.”

The Personal Health Appraisal (PHA) is a strategically designed questionnaire to help you recognize, organize, and prioritize a symptomatic treatment protocol for correcting today's more complex and elusive health problems.

### All patients should fill out a PHA.

Properly completed, this form is a powerful resource. It will help you pinpoint the root cause(s) of a patient's overall health condition. If a patient complains, it is important for you to be firm on the completion of this questionnaire. Our CA's were equipped to emphasize the importance of this questionnaire. If the patient had any resistance toward filling it out, they would say, “Dr. King is a stickler for every detail concerning the health of every one of his patients. He will not see you if this form is not accurately filled out.” This stand will turn potentially difficult patients into committed patients. Deep inside, they really want a doctor who covers every detail regarding their health and well-being. This is a hidden prerequisite to being recognized as an exceptional doctor.

The image shows a sample of the Personal Health Appraisal (PHA) form. It is titled "PERSONAL HEALTH APPRAISAL (PHA)" and is labeled "Page 1". The form includes fields for Name, Address, Birthdate, Phone (home), Phone (business), Occupation, and Referred by. Below these fields are instructions: "Please Follow These Instructions Carefully" and "IMPORTANT: The information requested in this form is of vital importance to you and your health facilitation. It is designed to help you understand your current state of health. Seeing your complete health picture helps you and your doctor identify the natural medicines and therapies best suited to the dynamic restoration of YOUR health." It also states: "Read each question carefully and score ONLY those statements which pertain to you on a 1-5 scale of intensity, 5 being the strongest. If a question does not apply to you, LEAVE IT BLANK. If you are not sure and have a doubt about a question, or wish to clarify the answer, describe in the space available." A section titled "SCORE THE DEGREE OF SEVERITY OF SYMPTOMS IN EACH SQUARE BELOW FROM 1 TO 5." lists five levels: 1 - VERY MILD OR OCCASIONAL, 2 - MILD, 3 - MODERATE, 4 - SEVERE, and 5 - VERY SEVERE. An example question is provided: "Do you have headaches?" with a box for the score and a line for a description: "I get headaches on the sleepy occasions". Below this is a section titled "GENERAL HEALTH ENHANCEMENT" with the question "WHAT WOULD YOU LIKE TO SEE BETTER OR IMPROVED IN YOUR HEALTH?" and a line for the answer. The final section is titled "HEALTHY WOMEN" and contains 18 numbered questions, each with a checkbox and a line for the answer:

- Are you pregnant?
- Have you had a miscarriage or are you prone to miscarry?
- Is intercourse painful for you?
- Do you have diminished sexual desire?
- Do you have difficulty controlling sexual desire?
- Have you had a hysterectomy?
- Do you have frequent yeast infections?
- Do you have problems with fertility?
- Do you experience morning sickness with pregnancy?
- Are you going through or have symptoms of menopause?
- Do you have pre-menstrual syndrome?
- Do you retain fluid during your period?
- Do you have menstrual pain, cramps or irregularities?
- Do you have feminine discharge?
- Do you have vaginal pain or discomforts?
- Have you been diagnosed with endometriosis?
- Do you have breast cysts/lumps?
- Do you have breast nodules?

Figure 4

### Clinical History: A Physicians' Most Important Tool

As you know, clinical history is the physicians' most important tool. Medical literature indicates that 83 percent of all diagnoses can be made at the end of a consultation, provided the patient was asked the right questions. The PHA equips you to ask the right questions, so you may readily identify the **underlying** causes of disease and correct them.

### The Key to Success: The Doctor/Patient Relationship

There is another distinct advantage to using the PHA: it promotes clear, open communication between doctor and patient. It is vital to build a positive foundation for this relationship.

The initial consultation is the most critical time with the patient. Beyond your preliminary diagnosis, this first meeting establishes the patient's acceptance of your recommendations and compliance with your treatment.

This history and consultation period is like a courtship. During this time, patients decide the depth of their commitment to you. The PHA questionnaire is an important part of this initial contact, and, likewise, it represents your commitment to the patient. It is straightforward and packed with meaningful information, but is not sterile or generic. The PHA helps patients believe that their individual needs are important to you, and it also provides you with pertinent information to help you solve even the most challenging cases.

**The PHA makes integrating C.H.E.S.S.™ into your current practice a smooth transition.**

- Existing patients can take the PHA home to fill out.
- New patients should complete it as part of their first visit.
- When you have a waiting list practice, give them the PHA to fill out with your other pre-visit information.

## AN ESSENTIAL TOOL

**The Multiple Advantages of the Health Appraisal:**

**1. Patients become more aware of their current health status and better educated about the restorative capability you offer.**

The PHA begins with an open area for patients to list their primary condition(s). Typically, new patients mention only neuro-musculoskeletal conditions, even if they have other problems, usually because they are unaware of the broad scope of potential chiropractic. By filling out the PHA questionnaire, patients begin to see that chiropractic includes much more than treating neck and back pain, an important realization for both new and existing patients.

Upon receiving a completed PHA, listen carefully to the patient and then correlate all pertinent information about the primary condition(s). Guide your patient with questions and remember that empathy builds confidence. After discussing the primary concerns, go through the rest of the PHA systematically and discuss any other conditions mentioned. Correlate these other conditions with the primary concerns. Communicate with patients about these correlations and it will increase their understanding of wholeness. As you relate secondary concerns to primary ones, patients will better understand how the body is an integrated whole and that it is essential to treat the whole person to truly build health to its highest level and prevent disease.

As you know, many patients never consider telling their doctor about some conditions. However, as you use C.H.E.S.S.™, patients Make a point to make your practice will not only share more about conditions, but an energetic place for your patients, you will also be able to confidently correct your staff, and yourself. Being many elusive **underlying causes** behind the positive and committed to those common problems plaguing our society. around you creates an atmosphere for

your practice to grow and be more It is important to encourage your patients to fulfilling for everybody. provide a detailed explanation of symptoms. For example, if you are questioning a patient

about pain, what type of pain is it: stinging, throbbing, burning, etc.? This symptom-related information is a crucial first step in selecting the correct remedy. Also, this process builds patients' confidence in you. He or she will know that you are sincere about getting to the cause of their health problems and correcting them.

Each question is designed to direct you to a

As a physician, I have seen patients, after all other therapy failed, lifted out of disease and discouragement through the diligence of the doctor and prayer.

category of **SafeCare<sup>RX</sup>** formulas or even to specific **SafeCare<sup>RX</sup>** formulas. This questionnaire was developed after consulting practitioners, including ND's, DC's, and others nationwide about what they found to be most helpful. Take advantage of this valuable, time-proven resource.

Using the PHA also provides an opportunity to further educate patients. Particularly in chronic cases, patients have been led to believe that they must live with their conditions. You can begin to dispel such myths and re-acquaint patients with the hope of full recovery. The PHA helps patients see their own health conditions and prioritizes their desire to do something about them.

## **2. You can see the diversity and intensity of patients' symptom patterns, saving you time and preventing burnout.**

The PHA is a tremendous time-saver because it provides a revealing look at the patient's total health profile. Seeing the overall picture is often the key to bringing your patient the most effective solutions. As a chiropractor, you know that without a meaningful overview, a maze of symptoms can be overwhelming, time consuming, and misleading.

Consider this example: Suppose you were to look for the end of your finger with a microscope. This seems ridiculous because obviously a microscopic search is too small. Everything just looks blurry. This can happen to you with patients as well. It is possible to try to solve a health problem while blind to the big picture. You can get lost chasing symptoms if the underlying cause(s) has not been properly identified.

The PHA puts things in perspective so every minute of care can be properly directed. Confusing symptom patterns now become easier to interpret.

## **3. Organize a systematic approach to correct challenging cases.**

There are more challenging cases today than ever before. Many patients have previously tried other types of treatment and are dissatisfied. A common complaint is being mistreated, ignored, or being told, "it's all in your head." Hundreds of thousands of people are walking around feeling sick and frustrated. Many of these people have complex health problems. Chiropractic is the answer for many of today's walking wounded. When combined with the systematic approach of the C.H.E.S.S.<sup>TM</sup>, volumes of difficult cases become manageable. People will seek you out because you get incredible results with difficult cases. The doctors of greatest demand and value are the doctors positioned to correct the myriad of common health problems perplexing our society. The PHA equips and organizes you to easily and efficiently help!

## **Prioritize Treatment with the PHA**

The **Personal Health Appraisal** helps you identify problems that elude most health care practitioners. It uses a grading system for symptoms, enabling you to better identify priority treatment areas. Consider the high intensity issues first and follow up with less intense issues when re-evaluating the patient. This process can be likened to peeling an onion, starting with the outside layers (most acute) and then working your way toward the inner layers (more subtle). The PHA helps you develop a systematic approach to raise your patients' expression of health to the highest level.

### **4. Monitor patient health progress; honestly evaluate treatment success.**

The PHA helps to monitor patient progress. It is easy for doctors to deceive themselves about their success with patients, especially when many diverse conditions exist. The PHA clearly reveals what has and what has not been corrected.

In a considerable number of cases, chiropractic adjustments, acupuncture treatments, and other modalities alone produce inconsistent results. With the C.H.E.S.S.<sup>™</sup>, results definitely improve, and the PHA helps you monitor these results. Patient monitoring is important when dealing with a greater assortment of health problems. Particularly when dealing with chronic cases, both doctor and patient may not be aware of any change, even when 50 percent of the condition has been corrected. The PHA corrects this common problem.

# The Symptom Rating System

The PHA includes a (1-5) numbering system to rate symptom intensities.

(1) Very Mild or Occasional (2) Mild (3) Moderate (4) Severe (5) Very Severe

The higher scored symptoms represent the outer layer of a patient's condition. The individual will respond best to those remedies that address the more severe symptoms.

There are several benefits to using this method:

**FIRST**, a basic profile of symptom information is perceived at-a-glance. You can quickly prioritize which bodily system is most in need of repair. **This is usually a good indication of which category of SafeCare<sub>rx</sub> formula to begin testing.** (The formula categories are listed on page 14-15.)

**SECOND**, the number system encourages patients to make basic choices about their health. Rating symptoms is a healthy way for patients to begin communicating with you and participating in their recovery. Let's face it, without a system like this, symptom explanations can be time consuming and difficult to interpret. A rating system provides an efficient information base.

**LAST**, the symptom rating system is a ready reference for follow-up visits. Particularly with chronic cases, it is difficult to keep track of complex symptom patterns. This is not only true for doctors, but for patients. Reviewing numerical improvements enlightens both parties.

SEE PERSONAL HEALTH APPRAISAL (Figure 4).

“Homeopathy is a highly developed health practice that uses a systematic approach to the totality of a person's health. Anyone seeking a fuller understanding of health and healing will find homeopathy extremely important and applicable.”

-Gay Gaer Luce, Ph.D.,  
Twice Awarded the National Science Writer's Award

# PHASE II

## PERSONAL HEALTH HISTORY (PHH) WORKSHEET

“A powerful tool for efficient case management.”

The Personal Health History (PHH) worksheet is a progressive case history flow chart. It enables you to successfully manage today's diverse health problems without sacrificing a high volume practice. Broadening the depth and scope of your practice does not require you to spend excessive time with each patient. On the contrary, the PHH worksheet makes it possible for you to maintain a high volume practice. **(We have health care offices using the C.H.E.S.S.™ seeing as many as 300 patients per day on a long-term basis.)**

### There are four benefits to the PHH:

1. It provides an organized framework for correcting more difficult and elusive cases.
2. It minimizes time spent with patients and maximizes your ability to target the appropriate underlying causes of their conditions.
3. It eliminates long discussions with patients, going over their long list of problems during each visit. (This alone can burn you out by the end of the day and cause you to want to return to a basic, but less effective and fulfilling musculoskeletal practice.)
4. It provides documentation of progress in the patient's or guardian's own handwriting. This ensures accurate communication and enhances patient awareness.

Figure 5

### The Symptomatic Recovery Matrix: “everything at a glance”

Designed to complement the Symptom Rating System (refer to Phase 1), the Symptomatic Recovery Matrix is a simple chart that makes a broad-scoped practice flow more efficiently.

The symptoms and corresponding intensity numbers can be initially transferred from the PHA to the PHH either by you or your staff assistant. After the first visit, however, your staff assistant should have the patient score the matrix before every appointment. Then, to get an accurate patient profile, simply glance over the current symptom intensity numbers. In just a few seconds you can identify the key issues.

## Procedures for using the Symptomatic Recovery Matrix:

### For the initial consultation

1. Transfer up to 12 of the patient's symptoms from the Personal Health Appraisal in the space provided on the PHH with one symptom per line. You can either transfer the symptoms or circle them on the PHA and have your staff assistant transfer them.
2. Each symptom has a corresponding square to assign a number for that symptom's intensity (1-5).
3. Along the bottom of the grid, fill in the date.

See Personal Health History Chart (Figure 5).

### For follow-up visits (filled out by patient)

1. The first time, have your staff assistant review the matrix system with the patient (Remember the patient is already familiar with the numbering scale from filling out the Patient Health Appraisal). Have your staff assistant note any new conditions or injuries.
2. Have the patient enter the symptom intensity numbers and the date.
3. Have your staff assistant return the form to the patient's file so it is ready for you. Before entering the room, you can observe at-a-glance any changes that have occurred since the first visit up to the present time. The PHH worksheet is the greatest organizer, time saver, and burnout reliever we have found, especially for difficult cases.

With the PHH worksheet, you can dynamically manage the whole person in the quest for optimal health and disease prevention. With these procedures, you can receive both the inner and outer rewards that come from a broad-scoped and high volume practice!

This part is to be filled out by patient.										This part is to be filled out by staff or doctor.				
0 - Good, No Problem					1 - Very Mild or Occasional					LEAVE AREA BELOW FOR DOCTOR'S NOTES				
2 - Mild		3 - Moderate		4 - Severe			5 - Very severe		SYMPTOMS					
		1	0	2	0	0	0	0	1	3	5	1	PMS (2 WKS)	
		0	0	0	0	0	0	1	2	3	5	2	PMS DEPRESSION (2 WKS)	
		0	0	1	0	0	0	1	1	2	3	5	3	FLUID RETENTION 5-7 LBS.
		0	0	0	0	0	0	1	2	4	4	4	DECREASED SEXUAL DESIRE	
		0	0	0	0	-	1	2	2	4	4	4	BREAST SORENESS (2 WKS)	
												6		

Figure 6

Although the Symptomatic Recovery Matrix is a unique aspect of the PHH, the PHH contains a number of other valuable tools.

- Name, address, home and business phone numbers, occupation, birthdate, referral source, insurance information, and consultation/examination summary allow at-a-glance referencing of patient's personal information.
- There is a pictorial area to mark problem areas and treatment procedures. We included this for doctors who are right brain dominant. A spinal grid allows you to mark specific listings including cranial faults, spinal subluxations, and pelvic subluxations.
- Finally, space is provided to record notes, Homeopathic and/or dietary formulas and testing information. In the "Visits/Tests/RS" section space is provided for "rescheduling" follow-up lab tests like blood or urine work. Include date of intended retesting here.

**This form is designed to revolutionize paperwork tasks!**

“Homeopathy is wholly capable of satisfying the therapeutic demands of this age better than any other system of medicine.”

-Charles Frederick Menninger, M.D.  
Founder of Menninger Clinic

# PHASE III

## Choosing Appropriate Formulas

### How to choose the right formulas and use them properly

The C.H.E.S.S.™ is designed to help you correct the underlying causes of complex health problems with easy-to-apply procedures. Make sure you are familiar with the **SafeCare<sup>RX</sup>** formulas (page 14-15), as well as the conditions they address (see the **Physician's Quick Reference Manual Product Guide and Repertory**). You need a basic understanding of each product to use the system properly.

## A “COOKBOOK” APPROACH

Choosing the correct formula(s) for each patient is easy. The formulas are named for the conditions they address. The labels also indicate detailed symptom patterns that apply to each formula..

For example, use the formula labeled **Back, Neck, Muscle & Joint Injuries** or **Arthritis & Joint Relief** for a patient with a muscle, back, neck, or joint injury; use the **Allergies & Hay Fever Formula** for hay fever; use the **Hemorrhoid Relief** for Hemorrhoids, etc. In a case where several formulas seem applicable to the same condition (such as a headache), check the symptomatic patterns or conditions listed on the label (or see Physician's Quick Reference Manual) and choose the formula that most accurately describes the patient's condition.

### Multiple conditions

Patients may present **several conditions** simultaneously. In such case, several formulas may apply. For example, a patient complaining of fatigue and back pain could probably use both formulas, as well as other related formulas.

However, in cases where patients present a complex array of symptoms and conditions, we recommend choosing no more than 3 or 4 formulas at a time. In complex cases, you are peeling back many layers of disease. It is logical and most effective to move forward a bit at a time.

It is common to observe that seemingly unrelated symptoms clear with the appropriate homeopathic formula(s). Once the formula(s) that addresses the highest scored condition(s) has reached maximum effect, you may begin searching for formulas related to the next highest scored symptoms (on the PHA or PHH) if any remain. Continue these procedures until you have put all the pieces of health back together again.

## TESTING

Upon completion of Phase I and II, you will have noted which formulas may apply to the patient's condition(s) (Remember, you can refer to the Repertory Section of the Physician's Quick Reference Manual to help choose the priority of formulas to test). Beyond choosing formulas with the cookbook style approach, we recommend using a testing procedure for confirmation as to which formulas your patient responds.

The sublingual response reflex is a biocompatibility test that delivers a higher degree of accuracy and effectiveness than the cookbook approach alone.

The body is more sensitive to and has more understanding of its own needs than all doctors combined. A biocompatibility testing procedure allows you to access the human body's own diagnostic capability. In other words, let a patient's own body tell you exactly which formula(s) they need or don't need!

This biocompatibility test gives you an advantage over other doctors. You don't have to guess what a patient needs.

The Sublingual Reflex Response Test is a specially designed procedure that enables a doctor to determine the appropriate formula(s) for each patient. There are two ways to confirm a positive reflex response: the leg length check procedure and the muscle test procedure. They may be used individually or together as double confirmation. We strongly recommend you use the procedure that works best for you. Most doctors develop a general preference and use either the leg length check procedure or muscle test procedure, depending on the patient. If the patient is a younger child or elderly person, the leg check procedure functions best. Patients with a relatively healthy arm can be quickly tested with the muscle test, saving the time of walking from one part of the body to the other.

## The Sublingual Reflex Response Test

The sublingual branch of the mandibular nerve is directly connected to the brain. It emerges from under the cover of the lateral pterygoid, proceeding downward and forward between the medial pterygoid and the ramus of the mandible. It lies anterior and deeper than the inferior alveolar nerve. Because of its immediate proximity to the brain, the sublingual nerve pathway produces an accurate response within seconds.

To better understand how this pathway is tested, consider the following examples. A light bulb is hooked up to a battery in an open circuit. As different materials are placed on the "bridge", thus closing the circuit, there are different outcomes. One substance causes the bulb to barely flicker. Another causes a bright light. Another has no

effect. **Figure 7**

This is similar to the body's bioelectrical feedback system. The sublingual nerve pathway is the circuit's "bridge". Placing a few drops of a **SafeCare<sup>RX</sup>** homeopathic formula under the tongue tests the body's response to that formula, much like the circuit. **A positive response will cause a short leg to temporarily become even or reverse, or cause even legs to temporarily become uneven. A positive response (meaning the body needs that formula) will also cause either a weak muscle to temporarily become strong or a strong muscle to temporarily become weak.**

A change either way is a positive response, similar to a knee-jerk reflex. No change is a negative response, indicating the patient does not need the product.

## The Body's Bio-Electrical System

Another way to grasp this testing method is to picture a toggle switch. In order to “toggle” a toggle switch, it must be flipped to one extreme or the other. The starting position of the switch is not the critical factor in determining whether or not the switch “toggled”.

This can be likened to testing the sublingual reflex response. Again, a positive response to a formula will temporarily cause a short leg to become even or reversing, or cause even legs to become uneven, or a weak muscle to become strong or a strong muscle to become weak. The important factor in confirming a positive response is whether the formula toggled the nervous system response, not whether the muscle became strong or weak.

### Hey, Why Did My Muscle Go Weak?

The various indications of a positive response are unique to **SafeCare<sup>Rx</sup>** homeopathic products. This is only a reflex test. The effects of a positive response last from a few seconds to a minute, usually the time it takes to swallow five or six times. Even legs becoming uneven or a strong muscle becoming weak does not mean that something “bad” happened, but rather that the patient is responding to the formula.

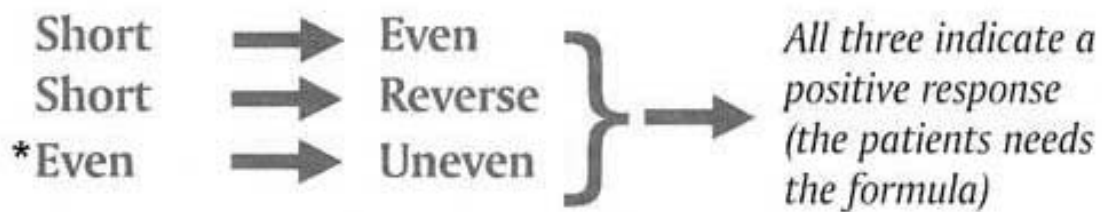
(See Figure 8)

## How to Interpret the Test Results

### Muscle Test



### Leg Length Check



\* RESPONSES UNIQUE TO HOMEOPATHY

Figure 8

## The Advantages of Muscle Testing

At first, this procedure may sound more complicated than it is. Really, it is quite easy to apply and produces amazing results. Consider using it even if you are unfamiliar with the technique.

There are three reasons to use this procedure:

- 1. The muscle test takes only ten seconds to confirm the appropriate formula.**
- 2. No training seminars are necessary to use this method.**
- 3. No expensive diagnostic equipment is required. All you need is the formula to test with your patient. (See our special on test kits, included with this package).**

## Using the Muscle Test

There are many kinds of muscle testing that work in conjunction with the sublingual nerve pathway. The following procedural guidelines relate to the testing of the pectoralis major clavicular and the anterior deltoid muscle groups only.

We have found this test to be the most efficient and accurate way of confirming formulas. However, depending on your style and experience you may want to use the length check (DNFT, activator technique, Toftness instrument) or test an alternative muscle group, such as the one associated with the problem area.

The Physicians' Quick Reference Manual is packed with information about every formula. It also includes a Repertory and a Complementary Formula Listing, as well as other valuable insights about homeopathy.



Figure 9

# MUSCLE TEST PROCEDURE

The entire process usually takes less than five minutes. Much of this time is spent informing patients about the procedure and helping them feel comfortable. Once patients are familiar with the procedure, follow-up testing takes less time because the initial explanation is unnecessary. The actual testing takes only a few seconds per formula. Like the leg length check, it can be performed with equal effectiveness either before or after the adjustments according to your preference.

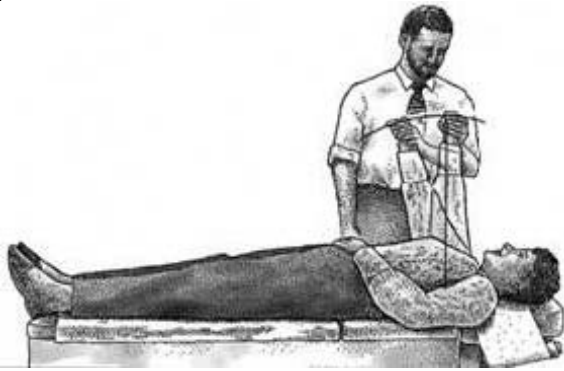


Figure 10

1. With your patient supine, ask whether he/she has any problems with degeneration or inflammation of the shoulder or arm. If there is a problem, test the other arm or use the leg length check procedure.
2. Instruct the patient to extend the arm straight up to the ceiling (90 degrees) and lock the elbow straight.
3. Stand alongside the patient and attempt to pull the arm down and slightly away from the body while **the patient resists the movement**. Test this two or three times to confirm either muscle strength or weakness. If the muscle is spongy or gives slightly when tested, consider this a weak muscle.

**Remember, you are trying to determine the condition of the patient's muscle response, not overpower it. Do not attempt to push the patients arm all the way down.**

4. Explaining your testing procedures helps develop a positive relationship, increase patient comfort, and build patient confidence in you.

Here are some suggestions for testing patients and explaining the procedure to them.

- a) **With the patient supine, begin:** "Your body has a way of communicating its needs. It can confirm which formula or formulas you need. What I am testing is completely natural and has no side effects or reactions with other drugs."
- b) **With the bottle in hand:** Simply place one spray under the patient's tongue.
- c) **Continue explaining:** "There is more area of the brain allocated to sublingual nerve pathways than any other part of your body. This nerve pathway is sending messages to your brain and back to your body about this formula at an average speed of 200 M.P.H., taking about five to seven seconds."
- d) **After 5-7 seconds, test the muscle again.** If the formula has a positive influence upon the body, a previously strong muscle will temporarily become weak or a previously weak muscle will become strong within about five seconds. Certain patients, especially if under the influence of some medications, may take 10 to 15 seconds to respond.

**e) If a formula tests positive, and you would like to continue testing other formulas, wait a few seconds and have the patient swallow 5-6 times.** The muscle should return to the way it was before the formula tested positive. For example, if the muscle was originally weak and became strong as you tested the formula, wait for it to return to its original state before testing other formulas.

In a very few cases, the response to a formula may be so strong (meaning the body is saying YES! to the formula), the reflex may take longer to return to the original condition. The patient may drink some water to speed the process.

**NOTE:** Testing errors may occur when the patient is allowed to recruit additional muscle groups by either bending at the elbow or placing the arm farther up towards the head. Remember always to test the arm at 90 degrees (straight up to the ceiling).

## THE LEG LENGTH CHECK PROCEDURE

Figures 11 & 12

You may use a leg check procedure either as an alternative to, or in conjunction with, the muscle test procedure. It takes only a few seconds to confirm a positive response and can be used with equal effectiveness either before or after the adjustment.

Children under the age of seven are difficult to muscle test. The leg length check often works better with these younger children.

Here is the procedure and some suggestions for developing a positive patient relationship:

With the patient supine: 1) Check the leg lengths, noting whether the

legs are even or uneven. When uneven, always note the short leg for consistency. You may want to have your patient sit up to see his or her leg length. Later, when you have positive response, with a shift in leg length, have your patient sit up and observe the dramatic shift in leg length. An even leg test

2) Tell your patient, "Your body has a way of communicating its needs. It can confirm which formula or formulas you need. What I am testing is completely natural and has no side effects or reactions with other drugs."

3) Simply place one spray under the patient's tongue. Continue explaining: "There is more area of the brain allocated to the sublingual nerve pathways than to any other part of your body. This nerve pathway is sending messages to your brain and back to your body about this formula an average speed of 200 m.p.h. In approximately five to seven seconds, you will observe a dramatic shift in leg length if your body is responding to a formula.

4) After 5-7 seconds have passed, recheck the leg lengths: If the leg length changes in any way—either becomes longer, shorter, or even—a healing response has been activated and reflects that person's need for the remedy. No change in leg length indicates a neutral response, showing that the

remedy is not needed. Patients taking certain medications or those with low thyroid or high stress levels may take 10-30 seconds or longer to respond. . .



*A short right leg*



5) If a formula tests positive, and you would like to continue testing other formulas, wait a few seconds and have patient swallow 5-6 times. Leg length should return to the way it was before the formula tested positive. Recheck leg lengths and make sure they have returned to the previous position. For example, if the legs were initially uneven and became even as the formula tested positive, make sure they become uneven again before testing other formulas. In very few cases, the response to a formula may be so strong (meaning the body is saying YES! to the formula), the reflex may take longer to return to the original position. The patient may drink some water to speed the process.

You may want to personalize your commentaries to relate to different personality types. Use your own style of practice.

**Special Note:** Even if you are going to use this procedure instead of the muscle test procedure, read the next section. Details that apply to both the Leg Check Procedure and the Muscle Test Procedure are included.

## ALTERNATIVE TESTING METHODS



All living things emanate energy we can take advantage of for alternative testing procedures.

We can actually see this energy by using Kirlian photography, which captures and displays the energy field around both the body and the bottle of a homeopathic remedy. As these energies communicate, they create the same responses, as with the sublingual testing procedure. This interaction can be compared to the wireless communications we use, and we can take advantage of this energy presence using alternative methods of testing.

Figure 13



Figure 14

Understanding the phenomenon of energy fields emanating from both the body and the remedy bottle, you more quickly test various remedies to determine what is needed! I have used this technique with great success for many years with the same accuracy as the sublingual test. Today, most patients are open and understanding of energy. With proper communication and demonstration, acceptance of this method is very positive. Demonstration with these Kirlian photo depictions and the Rosie Doll help open the patient's eyes to the human conductivity and how amazing the human body really is.

## SURROGATE TESTING

The surrogate procedure enables you to test others who are unable to be accurately tested through the muscle and/or leg length procedures. Included in this group are infants, young children under approximately 7 years old, quadriplegics, as well as animals.

For example, an infant can be tested sitting on the mother's lap or belly. As long as the two living entities are touching, bioelectric impulses will transmit between the two. Let's say an infant is suffering from a fever. After assessing the parent's arm strength and/or leg length, place a small amount—one drop or pump spray—of fever formula in the infant's mouth or simply have the parent hold the bottle to the infant body. In five to seven seconds, check the parent for a response. Any changes, of course, indicate the infant's need for that remedy.



“Homeopathy is the safest and most reliable approach to ailments and has withstood the assaults of medical practitioners for over 200 years.”

-Yehudi Menuhin  
Master Violinist

# IMPORTANT! MULTIPLE TESTING

Providing one formula that tests positive per patient is ideal, but rarely practical. However, most conditions commonly require the use of more than one formula. **If you consider other formulas necessary, be sure to carefully follow step 5 of the leg check procedure and/or part 4-e of the muscle response test procedure.**

We suggest not giving the patient more than 4 formulas at a time. As you eliminate some of the short-term formulas through retesting, you can begin other formulas until you reach optimal health with your patient.

Some formulas may have an antidoting effect with other formulas. Say you have found 4 formulas to test positive; have the patient hold all 4 formulas against their body and retest. If they all test positive, they are good to go with all 4 formulas. If they don't test positive, eliminate one formula at a time until you find what formulas work fine together. Make notes and provide only the formulas that test positive together. Later on, as the given formulas do not test positive, you can retest the formulas that were antidoting.

Over time, you will be using all the formulas needed to maximize your patient's health. Don't feel rushed to fix everything at once. The body, in its innate wisdom, will strategically choose what it needs at the time to efficiently restore health.

## **Additional ways to explain the Sublingual Reflex Response Test to patients**

Here are some additional examples you may find useful in explaining the testing procedure. You can explain that when nitroglycerin is placed under the tongue (often used by medics in emergency situations), it affects the heart within five to seven seconds, before physical absorption takes place. Its action is through the sublingual nerve response.

Another explanation is to liken the sublingual reflex response to how wild animals and even some domestic animals can tell if something is good or bad for them just by sniffing or tasting. Humans have this instinct too, but our learned behavior has caused us to forget that we have this capability.

## **Communicate with your patients to build their health and life.**

Take a minute during each visit to share a life or health building concept. This is more than just small talk—our experience demonstrates it is a highly effective way to enhance healing. This increases patient responsiveness to your treatment.

You may want to share an inspiring concept about how you use homeopathy, testing procedures, etc. in their health plan. By sharing health concepts, you inspire patients, stimulating their minds, wills, and emotions to generate life that builds health.

## **Are you continually...**

1. Building the health and quality of life in your patients?
2. Receiving inspiration, reward, and positive feedback in your own life?
3. Aware of the positive impact of your life-giving words?
4. Realizing increased referrals that result from expressing these life-giving concepts?
5. Making your practice an energetic place for your patients, staff and you?

It is truly beneficial to share additional information about your testing procedures and emphasize special insights about how special they are! The human body is the most sophisticated laboratory in the world. It is a living laboratory with more intelligence than all the doctors, researchers, and scientists put together.

There is no lab test that can provide us with all the pertinent information for health that the body can provide. Although lab tests are helpful, they cannot speak for the body. During retesting is a great time to share how wonderfully the body is made and how it is designed to support and maintain life.

You can also share about the body's creative ability and how it is able to heal itself when given the proper care. This is an excellent time to educate patients about personal responsibility. Teach them how to have more authority and control over their health through lifestyle management.

Sharing good, positive life-giving seeds that inspire and build health will do as much for you as for your patients – and that's saying a lot.

# THE PERSONAL TEST CONTROL (PTC) WORKSHEET

The Personal Test Control (PTC) Worksheet is a useful form to record Reflex Response Test results. It enables you to observe at-a-glance any patient's entire test history. The PTC Worksheet is designed to:

1. Help you keep an efficient record of formulas previously tested. This prevents wasted time retesting the same formulas that have already tested negative.
2. Provide a quick reference that will help you choose follow-up formulas to consider when putting the pieces of a patient's health puzzle back together again.
3. Help you keep track of which formulas were given and when a formula was stopped.
4. Help you quickly reference whether

muscle. This guides you about explaining the difference between a weak indicator muscle becoming strong on one visit and a strong muscle becoming weak on a follow-up visit. (Explaining that this response is only a reflex response—like a knee-jerk response—dispels the fear or questions about why a strong muscle goes weak. This does not indicate that a homeopathic formula is making them weak.) Remember, this is unique to properly formulated homeopathic products only. Only homeopathic products will cause a strong indicator muscle to go weak to indicate the body's positive response to a formula. **Nutritional and herbal products do not test in this manner.**

5. Give a quick reference for dosages and when to change dosage.
6. Provide a check-off list, noting when a Personal Health Appraisal, a Personal Health History Worksheet, and/or a Personal Brochure were given.
7. Provide room for notation about whether the patient's muscle and joint area relating to the test muscle (for muscle test only) is healthy and free of disease.
8. Provide an area for special comments.

**To help people express the highest level of health is a significant contribution to your community – it is also a great honor.**

# DOSAGE INSTRUCTIONS

**Read this section closely.** Reread it if necessary. Proper dosing is easy with the C.H.E.S.S.™ but complete understanding may take careful study and practical experience. The results of your effort are well-worth your time.

Dosage and directions are clearly indicated on the label of each container. The suggested adult dose is 3 complete pump sprays. Children (2-12yrs.) use 2 complete pump sprays. With newborns – 2 years, use 1 complete pump spray. The dose should be taken orally and held under the tongue for approximately 30 seconds, then swallowed.

For best results, doses should be taken between meals or at least 10 minutes or more before or after a meal. Allow a minimum of 10 minutes or more between doses of different formulas to ensure that each formula works fully within the body before the next one is introduced.

**With SafeCare<sub>RX</sub> formulas, it is the frequency of the dosage that makes the therapeutic difference. The amount a patient takes in the dose is not as important as the dosage frequency – taking larger doses will not increase the effect.**

The consistent stimulation of each dose is what produces best results.

## **Determining the Dosage Frequency**

Historically, it has been a time-consuming procedure to determine the appropriate homeopathic remedy, calculate which potency to give, and decide the frequency of the dose. Recent advances, however, have produced a more practical and simpler version of this process. This simplified approach is the cornerstone technology of the C.H.E.S.S.™.

## **Average Adult Dosage & Duration Per 2 oz. Bottle**

Using 180ul (0.18ml) sprayer, one full spray is approximately equal to 3 drops.

A 2oz bottle containing 60ml of product will provide 333 full sprays, or 999 drops.

333 sprays @ 3 sprays (adult dosage) 3X a day = 37 day supply

The addition of topical use may cut to 19 days.

However, an adult patient with a chronic condition may start a dosage at 4 to 6 X a day for a few days and cut the dosage in half (2 to 3 X a day) for a week and cut down the dosage to 1 X a day or 1 X every other day. Now the average dosages may look like this:

Example of an adult patient with a chronic condition:

6 dosages a day @ 3 sprays for 3 day = 54 sprays 2  
dosages a day @ 3 sprays for 7 days = 42 sprays 1  
dosage a day @ 3 sprays for 14 days = 42 sprays 1  
dosage 3 X wk @ 3 sprays for 14 days = 18 sprays

The totals of the above example = 156 oral sprays in 38 days. With an equal amount of topical sprays added = 312 total sprays in 38 days leaving 21 extra sprays or 7 adult doses in the bottle.

## **Average Number of SafeCare<sub>RX</sub> Formulas Used In a Year of Treatment**

To maximize the therapeutic potential for your patient and take the whole person perspective of caring for your patient the average practitioner will use 5 to 15 different formulas (depending on the overall acuteness or chronicity of the patient) in one year of treatment.

Most formulas will complete their correction with one bottle. There are times with a key formula (that could be the constitutional formula, miasm formula, detoxification formula or simply a symptom specific formula that contains deep acting ingredient(s) that is special for an individual patient), will be necessary on and off over time requiring more than one bottle for maximum correction.

# SOME GENERAL RULES ABOUT DOSING:

The #1 priority for the great successes in homeopathy is finding the proper SafeCare<sub>RX</sub> homeopathic formula(s). The second priority is the frequency of the dose. This makes the therapeutic difference, rather than how much is taken in each dose.

## Dosage is generally determined by the acuteness or chronicity of the condition.

- 1 The more **acute** the symptoms, the **more frequent the dose**. In acute cases, formulas are usually required for a comparatively short period (days).
- 2 The less acute (more chronic) the symptoms, **the less frequent the dose**. In chronic cases, formulas are usually required for a longer period (weeks, months).
- 3 As symptoms clear, slowly decrease the dosage until the desired results are attained.
- 4 In acute cases, the decrease of symptoms corresponds to the dose reduction. In other words, as symptoms decrease by about 50 percent, decrease the dose by 50 percent: as symptoms decrease 80 percent, decrease the dose 80 percent from the original dose, etc.
- 5 The most common doses starting out are 3 complete pump sprays 4-6x/day.
- 6 Tell patients they should not stop taking the formula until you tell them, even if the condition seems to be gone. (Only when a formula consistently tests negative can you be sure it should be stopped. The elimination of symptoms does not necessarily indicate the formula has produced its total corrective abilities on the individual. (See Retesting Procedures on page 46.)
- 7 There is no need to have patients disturb their sleeping pattern to take doses. If on frequent dosages, have them keep the formula(s) close at hand. If waking occurs, they can take a dose: otherwise, let them sleep.

## The Healing Crisis

Occasionally, a patient who seems to be successfully receiving homeopathic treatment will experience a temporary worsening of symptoms. This is known as a healing crisis or temporary aggravation. In a healing crisis, a condition's symptoms can appear to worsen, or past symptoms may reappear.

This may occur within a few days to a few weeks of beginning a new formula, and although it is very rare, you will need to know how to handle these cases.

A healing crisis usually occurs as the body is clearing symptoms that have been suppressed often with conventional drugs. It is important for your patient to understand that this temporary aggravation of symptoms is positive – a good sign that his or her body is fighting back and healing is underway.

It is a great and necessary point of healing to actually correct the underlying causes of conditions that have been previously suppressed.

<b>Name:</b> _____	<b>Phone (home) :</b> _____
<b>Address:</b> _____	<b>Phone (business):</b> _____
_____	<b>E-mail:</b> _____
_____	<b>Occupation:</b> _____
<b>Birthdate:</b> _____	<b>Referred by:</b> _____

## Please Follow These Instructions Carefully

**IMPORTANT:** The information requested in this form is of vital importance to you and your health facilitation. This appraisal is designed to help you and your doctor discover and discern products that can help optimize your path to a higher quality health and life! Seeing your complete health picture helps you and your doctor identify the natural medicines and therapies best suited to the dynamic restoration of YOUR health.

Read each product description carefully and score *only those statements which pertain to you* on a 1-5 scale of intensity, 5 being the strongest. You do not have to have all the conditions listed, if there are specific conditions under a list that pertain to you please underline and score in the box.

### E X A M P L E

Score the degree of severity of symptoms in each square below from 1 to 5.

- 1-Very mild or occasional
- 2-Mild
- 3-Moderate
- 4-Severe
- 5-Very severe



#### Hyperactive

**Indications for use:** For ADHD, hyperactivity, excitability, impulsiveness, restlessness. For promoting self-control, tranquility, contentment.

**Remarks:** Consider for both children and adults who are hyperactive or have had a history of hyperactivity.

**Possible related physical conditions:** Affections of the lungs (esp. asthma, pneumonia) or kidneys, insomnia, diabetes, vertigo.

## Healthy Temperament (HT)

#### Patience

**Indications for use:** For impatience, irritability, volatile temperament, quickness to anger, discontent. For promoting patience, contentment, emotional stability, impulse-control.

**Remarks:** Individuals experiencing bodily discomfort and irritation often become mentally irritable as well. Also helpful for irritable and volatile temper due to side-effects of some prescription drugs.

**Possible Related Physical Conditions:** Gout, tooth infection, hernia, affections of the kidney and/or liver, goiter.

#### Kindness

**Indications for use:** For tendencies toward a disputatious, defiant temperament, stubbornness, contentiousness, irritability. For promoting positive self-expression, openness & understanding, peacefulness, tolerance.

**Remarks:** Can assist in the general healing process of an individual by allowing them to be more receptive to the efforts of their healthcare practitioner and concerned friends and family. For adolescents and children with tendencies to talk back and argue with parents and others.

**Possible Related Physical Conditions:** Affections of the knee, liver and/or lungs, eruptions or blotches on face, rheumatism.

# Healthy Temperament (HT)



## Sweet Talk

**Indications for use:** For tendencies to be verbally abusive, curse, swear, use violent language, scold, insult, yell & scream, be insolent, rude &/or derogatory. For promoting positive self-expression, self-control, kind, respectful language.

**Remarks:** Also helpful for those who feel they are not being listened to or who feel frustrated in their ability to honestly express their feelings. Assists the individual in becoming aware of their tendency to rely on verbal abusiveness to get their way.

**Possible Related Physical Conditions:** Affections of bladder, spasms, stricture, or chronic inflammation of urethra, sour breath, frequent urination or incontinence, diarrhea.



## Love Your Self

**Indications for use:** For internalized anger, self-contempt & blame, dissatisfaction with life, violent thoughts/actions, depression, self-inflicted violence. For promoting self-esteem, loving internal dialogue, self-acceptance, optimism.

**Remarks:** Can be helpful for a number of internalized health issues including, anorexia, cutting, and other conditions that relate to hurting one's self. Watch for signs of self-inflicted violence in depressed individuals, especially common in teenage girls. Self-abusiveness is often evident in the language of individuals as they tend to speak of themselves in negative terms.

**Possible Related Physical Conditions:** Pain in lumbar and/or sacrum, foul smelling excretions, angina pectoris, heart palpitations, hyperpyrexia (very high body temperature), anemia.

# Healthy Sexuality (HS)



## Healthy Sexuality

**Indications for use:** For sexual repression, negativity toward sexual matters, misdirected or harmful erotic thoughts, guilt over sexual issues, effects of sexual abuse. For promoting healthy sexual expression & fulfillment, ability to transcend past negative experiences.

**Remarks:** Can be helpful for those whose sexuality controls them rather than them controlling their sexuality.

**Possible Related Physical Conditions:** Affections of prostate, testicles or ovaries, impotence, sterility, seminal emissions, priapism (prolonged erection without stimulation), spermatorrhea (discharge of semen without orgasm), abnormal menstruation, venereal diseases.

# Healthy Mind (HM)



## Embrace Life

**Indications for use:** For indifference, apathy, lethargy, lack of willpower. For promoting vitality and vigor, enthusiasm, interest in life, sense of purpose, emotional responsiveness.

**Remarks:** Can be helpful for passivity and inability to take a stand, or those who are easily swayed. Apathy may accompany physical lethargy and fatigue. Check for the need of complementary formulas and encourage physical activity to stimulate mental activity.

**Possible Related Physical Conditions:** Anemia, debility, headache, rheumatism, tuberculosis, liver disorders.



## Calm

**Indications for use:** For ADHD, hyperactivity, excitability, impulsiveness, restlessness. For promoting self-control, tranquility, contentment.

**Remarks:** Consider for both children and adults who are hyperactive or have had a history of hyperactivity.

**Possible Related Physical Conditions:** Affections of the lungs (esp. asthma, pneumonia) or kidneys, insomnia, diabetes, vertigo.



## Mental Alertness

**Indications for use:** For absent-mindedness, confusion, forgetfulness, slow perception &/or comprehension. For promoting clarity, mental alertness & vigor.

**Remarks:** Helpful for recovery from drug use and injuries that have affected the mind. For all ages, from children to the elderly.

**Possible Related Physical Conditions:** Emaciation, anemia, muscular atrophy, diarrhea or constipation, indigestion, disorders of kidney and/or bladder.



## Mental Alertness for Seniors

**Indications for use:** For age-related: confusion, forgetfulness, depressed vitality, loss of confidence. For promoting vigor & clarity of mind, strengthened memory & awareness.

**Remarks:** This formula is appropriate for minor conditions as well as severe mental disorders in the elderly. For absent-mindedness, dementia, and general breakdown.

**Possible Related Physical Conditions:** Lethargy, debility and depression of vital power, premature old age, muscular atrophy, degeneration.



## Mental Calm

**Indications for use:** For ADD, hyperactive mind, difficulty concentrating, forgetfulness, difficulty reading/writing. For promoting clear thoughts, enhanced concentration, restful sleep.

**Remarks:** Helpful for both adults and children. This formula is helpful for a restless mind which may be due to a number of causes ranging from biochemical imbalances to excessive worrying.

**Possible Related Physical Conditions:** Sleep disorders, headache, adrenal disorders, indigestion, spasms.

# Healthy Stress Response HSR



## Peace: Extreme

**Indications for use:** For anxiety attacks, hysteria, anguish, apprehension, fear, despair. For promoting inner-strength, tranquility, tenacity, fortitude, harmony.

**Remarks:** Particularly helpful when used prior to entering situations which induce intense anxiety. Additional relief will be found by instructing the individual to breathe deeply after each dosage.

**Possible Related Physical Conditions:** Sciatica, affections of vision, feet, and/or lower leg, headache.



## Mind-Body Response Remedy

**Indications for use:** For physical, mental, emotional stress & trauma:

abrasions/bites/burns/bruises, strains, sprains, surgical procedures, minor anxiety, nervousness, tension, and shock. Use before, during, after stressful situations.

**Remarks:** This is a broad-spectrum product for people of all ages, from newborn to elderly. Use orally and topically for any stressful or traumatic event from performance anxieties to a scraped knee. Can help us face daily stresses or extreme stress, and the variety of related health issues.

**Possible Related Physical Conditions:** Many conditions relating to stress, shock, and/or trauma.



## Mind-Body Restore Remedy

**Indications for use:** For physical, mental, emotional burnout from: overwork, long-term stress, lack of sleep, illness, nervousness, and blood sugar imbalances causing exhaustion, indifference and muscle weakness. For promoting restoration of a fried nervous system, and a vibrant state of strength and stability.

**Remarks:** This product is not a stimulant. May be used before sleeping to promote a more sound sleep. Use preventatively to avoid the development of chronic fatigue. Consider as an ideal compliment to First Aid for Mind & Body.

**Possible Related Physical Conditions:** Cramps, headache, diabetes, fluid retention, chronic rheumatism.



## Fearless

**Indications for use:** For apprehension & anxiety, fears & phobias including: heights, crowds, animals, people, places, being alone, public speaking, death, misfortune, ghosts, the unknown. For promoting realism, courage, peacefulness.

**Remarks:** Can help with a variety of general anxiety or stress related conditions. Also consider this formula for vague or indefinable fears and anxieties.

**Possible Related Physical Conditions:** Heartburn, indigestion, nausea, sleep disorders.



## Sweet Dreams

**Indications for use:** For frightening dreams, night terrors, restless tossing. For promoting peaceful, restorative sleep, insightful dreams.

**Remarks:** Can help with a variety of general anxiety or stress related conditions. Helpful for both children and adults. This remedy not only corrects the nuisance of interrupted sleep, it works with deeper fears that can impair an individual throughout their life.

**Possible Related Physical Conditions:** Heartburn, indigestion, nausea, sleep disorders.



## Claustrophobia

**Indications for use:** For claustrophobia, panic, nervous tension. For promoting clarity & calm in constricted environments.

**Remarks:** Can help with a variety of general anxiety or stress related conditions. Consider with any nervous or panic disorder. Consider also for individuals who feel closed in and constricted by life situations such as relationships, career, etc.

**Possible Related Physical Conditions:** Numbness, itching, swollen hands, affections of chest, lungs, heart.



## Obsessions/Compulsions

**Indications for use:** For anxiety, compulsive behaviors, obsessive thoughts, peculiar mental impulses. For promoting peacefulness, fearlessness, self-awareness.

**Remarks:** Can help with a variety of general anxiety or stress related conditions. For individuals with Obsessive-Compulsive Disorder as well as those whose obsession or compulsion occur only infrequently or to a lesser extreme. Individuals may obsess over a source of anxiety without being fully aware of this tendency in themselves.

**Possible Related Physical Conditions:** Affections of the spleen, insomnia, disorders of taste and/or smell, local paralysis, glandular swelling.



## Perfectionism

**Indications for use:** For perfectionistic tendencies, fear of failure, worry, inquietude, overly-cautious & conscientious tendencies, dissatisfaction. For promoting self-acceptance, contentment, fulfillment in life.

**Remarks:** Can help with a variety of general anxiety or stress related conditions. This remedy is also helpful for individuals responding to social pressures, academic pressures, performance pressures, etc.

**Possible Related Physical Conditions:** Quinsy (peritonsillar abscess), emaciation, hair loss, hiccough, writer's cramp, disordered vision.



## 9-1-1 Stress Control

**Indications for use:** For a broad spectrum of stress-induced states including: nervous tension, minor anxiety, fearfulness, over-sensitivity. For promoting calm, confidence, peacefulness.

**Remarks:** This formula is especially helpful for individuals who tend to be uptight, nervous, or a Type A personality. May relieve the aggravating factor behind many conditions.

**Possible Related Physical Conditions:** Many related conditions, most common may be affections of vision, feet, and/or lower legs.

# Healthy Emotions (HE)



## Heal Your Heart

**Indications for use:** For disappointed/lost love, heavy heart, discouragement, sadness, dejection, grief, overly-sympathetic tendencies. For promoting emotional healing, vibrancy, healthy ability to love again.

**Remarks:** Can be used for the ill health effects of the above experiences. Consider for "broken-heartedness" in both children and adults.

**Possible Related Physical Conditions:** Back and chest weakness, weak or lost voice, spinal irritation, chronic fatigue, sleep disorders.



## Mood Changes

**Indications for use:** For mood changes from extreme joy to sadness, manic-depressive, bipolar tendencies. For promoting emotional balance & stability.

**Remarks:** Can be helpful for mild, moderate or severe shifts. Consider for hormonal mood shifts, as well as manic-depression. Work carefully with the prescribing physician when treating medicated individuals. Can be used in combination with other medications.

**Possible Related Physical Conditions:** Incontinence, eczema, aphasia (disorder of the complex language function), cysts, styes.



## Forgive Your Self

**Indications for use:** For emotional & physical effects of guilt, remorse, heavy conscience, tormenting thoughts. For promoting forgiveness, positivity, inner-strength.

**Remarks:** May be a hidden cause behind many other conditions. Can help with a variety of general anxiety or stress related conditions.

**Possible Related Physical Conditions:** Gastrointestinal ulceration and/or pain, hay fever, neuralgia, impotence, rheumatism, sleep disorder, weakness of back.



## Soothe Your Sorrow

**Indications for use:** For physical & emotional effects of grief, despair, hopelessness, worries, despondency. For promoting joy & contentment.

**Remarks:** This may be a hidden cause behind many other conditions. Also helpful in breaking through denial and expressing emotional pain and sadness. Can help with a variety of general anxiety or stress related conditions.

**Possible Related Physical Conditions:** Diabetes, affections of the heart, ears and uterus, sciatica, loss of voice, problems sleeping, headache, inflammation of the eyes, ovarian cancer.



## Emotional Strength

**Indications for use:** For tendencies to be over-sensitive, take offense, feel vulnerable, cry easily. For promoting inner-strength, enhanced tolerance to chaotic energy, emotional stability.

**Remarks:** Helpful for the individual who is sensitive emotionally, physically and/or energetically. Can help with a variety of general anxiety or stress related conditions.

**Possible Related Physical Conditions:** Urine incontinence, kidney disorders, reoccurring sore throat and cough, skin cracks, intertrigo (inflammation in moist skin folds).



## Good Mood Enhancer

**Indications for use:** For mild depression, disinterest &/or discontent. For promoting cheerfulness & joy, vivacious energy, enthusiasm, light-heartedness.

**Remarks:** Can be helpful for seasonal affective disorder (SAD). This remedy is a pleasant enhancement to any experience. Especially helpful for developing comfort in social settings, and approaching problems with optimism.

**Possible Related Physical Conditions:** Anemia, affections of the lungs, debility, diarrhea or constipation.

# Healthy Interactions (HI)



## Trust

**Indications for use:** For distrust, unfounded anxiety, skepticism, suspiciousness, paranoia. For promoting clarity, peacefulness, inner-strength.

**Remarks:** Can be helpful for general fears or anxiety. Also helpful for healing the effects of a trust-breaking past experience.

**Possible Related Physical Conditions:** Epilepsy, twitches, tremors, stiff neck, colitis, pneumonia.



## Tolerance

**Indications for use:** For feelings of separateness, repressed fears, bias, arrogant tendencies. For promoting understanding & respect of others, ability to honor & accept differences, harmonious interactions, compassion.

**Remarks:** Can also be helpful for general interactive disorders toward those of the same race or beliefs. There are often many issues underlying a prejudiced outlook and complementary formulas may enhance the healing process.

**Possible Related Physical Conditions:** Constipation, affections of eyes and ovaries, menstruation disorders.

# Healthy Self-Image (HSI)

## Confidence

**Indications for use:** For insecurity, feelings of inadequacy, nervousness, apprehension, irresolution. For promoting confidence, assuredness, self-acceptance, positive self-image.

**Remarks:** Helps develop a more positive outlook. Also use preventively before entering situations which commonly make one feel insecure or inadequate.

**Possible Related Physical Conditions:** Asthma, speech disorders, affections of the uterus, gastric ulcers, indigestion.

# Healthy Adaptation (HA)

## Motivation

**Indications for use:** For tendencies to procrastinate, leave tasks incomplete, avoid responsibility, lose track of time. For promoting mental & physical stamina, self-motivation, perseverance.

**Remarks:** Also helpful for individuals who have difficulty completing more abstract life issues.

**Possible Related Physical Conditions:** Hemorrhoids, neuralgia, locomotor ataxy (disordered gait and loss of sense of position of lower limbs), genital pains, spinal irritation, paralysis.

## Certainty

**Indications for use:** For indecisiveness, irresolution, dissatisfaction, aversion to responsibility, avoidance of high pressure situations, fickleness. For promoting clarity, courage, power of choice.

**Remarks:** Helps promote a more proactive life. For the fear of making a wrong decision. Consider also for individuals who need assistance in focusing firmly on their goals.

**Possible Related Physical Conditions:** Parasites, lupus, debility, affections of teeth and/or tongue.

# Healthy Control (HC)

## Addictions

**Indications for use:** For cravings & desires, general addictive tendencies, negative effects of substance abuse. For promoting recovery, restoration, relief, metabolic functions of the brain & nervous system, self-control & contentment.

**Remarks:** Can be helpful for a variety of general addictive behaviors. Consider this product for addictive disorders or personalities as well, such as those suffering from compulsive eating.

**Possible Related Physical Conditions:** Headache, disorders of sleep and appetite, convulsions or tremors, ulcerations.

## Smoke Control

**Indications for use:** For fast relief of cravings for tobacco smoke and chew. Helps with nervousness, anxiety, irritability, difficulty concentrating and forgetfulness when quitting. Relieves cough, shortness of breath, and the sensation of weight on the chest.

**Remarks:** Addresses the three key issues associated with this problem; the cravings, the symptoms of quitting and the symptoms of smoking.

**Possible Related Physical Conditions:** Fatigue, asthma, emphysema, nausea, diarrhea.

*The information I have provided is to the best of my knowledge, accurate and true.*

**Signature of Patient or Guardian:**

**Date:**

**THANK YOU FOR COMPLETING THIS QUESTIONNAIRE.**

## Hypersensitivity

Some people have immune systems that are hypersensitive to remedies of any kind. Homeopathic formulas may produce a reaction in hypersensitive people similar to a healing crisis. In other words, the formula will need to be diluted to prevent reactions in these patients. Once again, you will want to reassure your patients that this is nothing serious. When working with patients who are hypersensitive, use the following procedure:

1. Place one to three pump sprays of the **SafeCare<sub>rx</sub>** formula into approximately 4 ounces of water (use distilled or purified water if possible).
2. Stir with clean utensil.
3. Take 1 teaspoon as needed. The more sensitive may need to take very little. You can dip the tip of a tooth pick in the water and place the tooth pick into the mouth.
4. A new solution in fresh water should be prepared every time a dose is needed to avoid contamination or antidoting.
5. Simply spray on localized or symptomatic areas topically.

## General Dosage Schedule

<b>Crisis or First Aid</b>	<b>Acute or More intense Symptoms</b>	<b>Chronic or More Persistent Symptoms</b>
<b>Every 10 minutes to every hour</b> , depending on severity, until symptoms are lessened. Then slowly reduce dosage as symptoms continue to clear.	<b>4 – 8 times daily.</b> After initial first aid or crisis period, you can move to the 4-8 times daily dose. If no change is noticeable within 1 – 3 days, consider adding other related remedies.	<b>3 times daily.</b> More persistent problems can have acute episodes requiring more frequent dosages. Once subsided, return to the 3 times daily dose as needed.
<b>Examples:</b> Injury with severe pain, migraines, asthma attacks, colic, fever, earaches, emotional traumas	<b>Examples:</b> Hay fever, sinus, back pain, cold, flu, mood changes, stress	<b>Examples:</b> Arthritis, allergies, backaches or general recurring problems

A crisis demands immediate, focused attention. In a crisis situation, such as a severe musculoskeletal injury, the **Back, Neck, Muscle & Joint Injuries** can be taken every hour or even up to every ten minutes. Some other examples of conditions that require crisis doses are migraines, allergic attacks, asthma attacks, major PMS or menstrual cramps, emotional traumas, anxiety attacks, motion sickness or the onset of a cold or the flu.

## Acute

Acute symptoms are usually clear-cut and short-lived. An acute disease pattern is a sudden, strong reaction of a healthy vital person to the effects of virus, bacteria, toxins of different origins (endogenous as well as exogenous) or the malfunction of one or more body systems or organs (i.e. indigestion, liver congestion, etc). They often represent short-term efforts of the body to deal with stress, infection, or injury in order to reestablish good health. The reactions can be strong and even violent with fever, nausea, sweating, cramps, pain, panic, etc., depending on the seriousness of the attack. In an acute situation, both fear and fever may rise high. Many chronic conditions can have times of acute expressions (i.e. gout arthritis).

## Symptom Patterns and Dosage Frequency

You have seen various symptom patterns. Choosing the appropriate dosage frequency in an acute case (4-8x daily to every ten minutes) depends upon the degree of symptom acuteness. Based on your experience, determine how acute you sense the patient's symptoms are and select a corresponding dosage. (Mildly acute 4x daily: moderately acute 8x daily, highly acute every hour, to extremely acute every ten minutes.)

Remember, a patient could drink a whole bottle down without side effects, so you need not worry about improper dosing producing any toxic side effects. The important thing is to establish a consistent dose until results appear, varying the dose only if necessary. If the patient reports no results, gradually increase the dose frequency until symptoms begin to clear. As symptoms do begin to clear, reduce the dosage frequency accordingly.

## Chronic

Sometimes, the word 'chronic' is misinterpreted to mean 'less serious.' But when acute conditions come and go unchecked, chronic conditions don't leave so easily. They often cause a gradual decline into poor health. In some cases, they even cause death.

A chronic condition often begins as an acute one. When battling the underlying causes of an acute condition, sometimes the body alone is incapable of fully restoring itself. As the organism struggles to recover, energy is drained. The resulting degeneration of the parts affected by the disease may eventually lead to a chronic condition.

During attempts to get well, many patients have tried using symptom-suppressing drugs which impair their body's healing capability. Suppressing a symptom with drugs only sweeps the symptoms under the rug. This process sends the condition deeper into the body, which can accumulate and lead to a more chronic condition later in life. The result is a weakened immune/defense system.

Chronic conditions create degeneration in the body leading to loss of body function and quality of life.

## Symptom Characteristics of Chronic Conditions

Chronic conditions are characterized by less active symptoms. These symptoms often make up a complex symptom network, which goes through different phases and can commonly elude simple solutions. These conditions do not occur overnight, and neither will the cure.

Patients need to know they have healing potential, that you have healing tools, and their active role is important for optimal results. Following your fair and responsible instructions means sticking to a consistent dosage regimen for up to several months, as well as using multiple formulas.

## Clearing Up the Underlying Causes of Chronic Conditions

There are many causes of chronic conditions. When putting the pieces of health back together, the patient may not always show a noticeable improvement as you begin fitting each piece. However, when clearing up chronic conditions, a formula that tests positive and does not show immediate symptom improvement is just as important as a formula that shows immediate results. Each positive testing formula is an essential building block to restore wholeness and optimal health.

Most patients with chronic illnesses should start taking the appropriate formula(s) at least three times daily. If there is no improvement, increase the dose frequency up to six times per day until symptoms begin to clear. Frequency should be decreased to twice or once a day levels only in event of dramatic improvement or retesting indication.

**\*\*\*Note: Toxicity levels in these patients are often dangerously high. A good place to start is to help the body rid itself of the accumulated toxins. The SafeCare<sub>Rx</sub> Detox formulas are ideal.**

## Putting the Pieces of the Puzzle Back Together with Multiple Formulas

Chronic conditions commonly require multiple formulas throughout the treatment regime. Neither you nor the patient should become discouraged if symptoms do not change immediately with every formula. A homeopathic formula that tests positive, but shows no additional symptomatic relief, has still cleared an essential piece of the puzzle necessary for the optimal correction of the health problem. A certain level of creative resourcefulness is needed to search, find, and put back together all the pieces of the puzzle of health.

The health practitioner that develops a persistent, detective mentality discerning and discovering the missing pieces to each patient's personal puzzle will be the doctor that experiences the greatest success with homeopathy.

Homeopathy is a very individualized and curative healing art. A true curative healing art addresses the underlying causes to disease and activates a person's ability to attain higher and higher levels of quality health. These healing principles require the doctor to develop the detective mentality with homeopathy. King Bio has developed procedural systems to make this process easy and natural for the doctor to successfully apply.

# HOW TO RETEST AND PRODUCE OPTIMAL RESULTS

If you have decided to use a testing procedure to confirm formulas, you have chosen a powerful tool for helping patients. The opportunity to communicate directly with the body is a great and wonderful tool. Now, we no longer have to guess like other doctors do. There is also a distinct advantage in retesting. It allows you to capitalize on the body's wisdom. Beyond simply confirming the correct formula, **retesting helps you determine dosage frequency and when to stop and/or restart a formula.**

Retesting is quick and accurate and may occur at your discretion during regular appointments. Anytime a patient comes in, you can get direct feedback about current formula requirements. This gives you a powerful advantage in your community for cracking the challenging cases that others have failed to correct.

## RETESTING PROCEDURE:

For precise retesting, instruct patients **not to take any formulas the day of their appointment.**

1. Test the formula(s) the patient is currently using with the reflex response test (Using leg check, muscle test, or both).

**Formulas that retest negative:** slightly decrease the dose frequency. If the patient continues to test negative on a formula during several subsequent visits, stop using the product and retest after several weeks. **Formulas that retest positive:** keep increasing the dose frequency. For optimal response, begin reducing the dose when formulas test negative.

2. Unless the condition is completely resolved, choose other formulas to test based on the patient's condition, the Personal Health History Worksheet, the Health Appraisal, the chart of complementary formulas and the repertory (see Physician's Reference Manual). Sometimes the patient will have a request for a formula to be tested.

3. Test the formulas you have selected. If any test positive, proceed according to original dosage instructions. Remember to work gradually, not giving out a total of more than 4 formulas at one time.

**As you become more experienced with homeopathy, you will develop a creative sense of problem-solving. In time, you will become a better detective who cracks more and more difficult cases. These skills will improve your reputation and attract more patients to you.**

**Note:** For chronic conditions, it is wise to periodically test products that have tested positive in the past, then later tested negative, and were stopped. Sometimes patients may retest positive on one or more of these formulas. Rechecking these formulas helps assure that you fully correct in the patient what these formulas are designed to do.

## CHOOSING APPROPRIATE FORMULAS

The testing and retesting procedure motivates patients and increases their responsiveness to chiropractic. It is an excellent practice management tool.

Testing gives patients an immediate indication of how they are progressing, helps them understand more about their conditions and motivates them to follow through with their commitments to their health and to you. If a formula keeps testing positive, that patient's visits should be scheduled more frequently. If the symptoms are continuing, there are obviously more pieces to the puzzle that will require more of your attention. You should retest more frequently until all the pieces of the puzzle are put back together again. The testing builds excitement and anticipation for routine appointments. This increased patient motivation brings with it return visits, results, and referrals.

Solving difficult, resistant, or so-called incurable health problems is internally satisfying and a great contribution to your community. Armed with the C.H.E.S.S.<sup>™</sup>, you can be the # 1 case solver—a physician of the whole nervous system. With simple persistent detective work you can become the most successful, sought out doctor in your area! If you follow these procedures and forms, the patient's case will naturally open up before you with the order of formulas needed for optimal success.

Over the years we have had to refer many patients with simpler problems to other doctors because our practice was too full!

### Testing Is Not Completely Diagnostic

Although the sublingual reflex response test can reveal the underlying causes of your patient's health problem, don't fall into the diagnostic trap. Because the formulas are named for the conditions they are designed to correct, either the patient or the doctor may believe he or she is dealing with that problem when the formula tests positive.

This is a good time to remember you are dealing with people, not diseases. You might have the **PMS Relief** test positive on a man, or the **Cold Sores & Herpes Reliever** test positive for a bad case of poison ivy. Remember, **SafeCare<sub>RX</sub>** homeopathic products have a broad-spectrum effect on the whole body (mentally, emotionally, and physically). It would take a good-sized booklet to explain all the effects of the ingredients of just one formula.

**Homeopathy alone is a powerful healing system. However, when combined with other procedures, the resulting transformation often produces a powerful testimony.**

## **USING THE C.H.E.S.S.™ SETTING THE DOSAGE FREQUENCY**

Rheumatoid Arthritis is a good example of a condition that may require varying doses. This condition expresses both chronic and acute symptoms.

**Here is a sample case and how to approach it:**

- A 42 yr. old female patient with Rheumatoid Arthritis comes into your office complaining of an acute arthritic pain. You have just begun using C.H.E.S.S.™, so your staff assistant has this woman fill out a Patient Health Appraisal and you test the new patient on the Arthritis & Joint Relief formula.
  - Three days later, she returns with some pain but reports feeling about 25 percent better. You adjust her and retest the Arthritis & Joint Relief formula. It tests positive again. According to instructions, when a formula keeps testing positive, you increase the frequency of dosage to 8x/day.
  - One week after the first appointment, she returns feeling 50 percent better. You adjust her and retest the Arthritis & Joint Relief formula. It tests negative. You decrease the dosage to 4x/daily.
  - A week later, she returns feeling almost completely well (95% better). You adjust her, test her, and again the formula tests negative. You reduce the dosage to 2x/day.
  - Four days later, she returns feeling great. You adjust and test her and the formula shows negative. You put her on a maintenance dose of 1x/day. Since the primary condition (arthritis) is stable, you begin to direct your attention to other conditions she mentioned on her Health Appraisal.
  - Using the same approach, over the next month you also correct the underlying causes of her overactive appetite with the Appetite & Weight Control formula, and her sleeping disorder with the Sleep Aid formula.
  -
- 
- A more complex rheumatoid case will require multiple formulas to address the various underlying causes that may be associated. You will find the additional homeopathic solutions needed in three ways with C.H.E.S.S.
    1. The complimentary formulas listed under expected formulas in the Physician's Quick Reference Manual.
    2. The formulas listed in the repertory under expected conditions in the Physician's Reference Manual.
    3. The formulas listed for other conditions the patient may have.

Here is a case overview			
Day	Symptoms	Test Results	Dosage
1	Acute Arthritis pain	(Arthritis Formula) +	6x / day
4	~ 25% better	(Arthritis Formula) + retests positive	Inc. 8x / day
7	~ 50% better	(Arthritis Formula) + retests positive	Dec. 4x / day
14	~ 95% better	(Arthritis Formula) + retests positive	Dec. 2x / day
18	~ 98% better	(Arthritis Formula) + retests positive	Dec. 1x / day (maintenance dose)
		(Weight & App.) + (Insomnia) +	3x / day 3x / day

### **SIMPLICITY & EFFECTIVENESS = OPTIMAL**

We have spent many years of clinical research to simplify and increase the results you can achieve with homeopathy. Follow the procedures we have outlined in the C.H.E.S.S.™ and you will avoid getting bogged down in the homeopathic complexities of the past. These procedures and **SafeCare<sub>RX</sub>** Homeopathics, combined with your skills as a physician, will lead you to effectively correct the underlying causes of many of the health problems plaguing our society.

# PHASE IV

## SOLVING DIFFICULT CASES

By now you may be thinking, “This sounds too easy.” To an extent, you’re right. Using the C.H.E.S.S.™ is easy. But realistically, you can’t expect to hit the ball out of the park on the first swing every time. Some cases require patience, creativity, and ingenuity. The most important characteristic for optimal success with homeopathy is persistence.

Remember, there are no incurable diseases, only discouraged people who have not yet found the answers they need. With the C.H.E.S.S.™, you are now dynamically equipped with the tools to help these people.

There are many sick people who need you to work out their healing with them. If you don’t, their chances of being healed are very slim. As long as you are straight-up, encouraging, and willing to give your best, your patients will appreciate, honor, and love you for your commitment to them.

It’s so easy to let patients with chronic conditions endlessly repeat their problems. They can spend so much time talking about symptoms that you can hardly get a word in about the solutions. The C.H.E.S.S. procedures prevent this from happening.

Let your practice be run by healthy solutions—not disease symptoms. Aggressively remain more solution-conscious than symptom-conscious.

As you consider symptom patterns, remember to search for root causes. Sometimes formula labels seem to match symptoms exactly, yet using the formula doesn’t change the condition. This is where the Reflex Response Test is indispensable. Confirming that patients are responding to a given formula indicates that they should keep taking it whether or not they have already seen improvement.

**Without this confirmation, patients could continue taking another remedy that accurately names their symptoms but fails to correct the underlying cause of their condition.** For example, consider a patient with a sore throat, cough and sneeze. If symptoms are the only basis for judgment, one could easily choose the **Colds & Flu** formula when, in fact, the **Allergy & Hay Fever** would produce better results.

Getting the hang of the Phase III testing procedure is not difficult, but it is vital in solving difficult cases. The body’s self-diagnostic ability (innate intelligence) leads you to exactly the right formulas and doses.

# SOLVING THE PUZZLE OF HEALTH: PUTTING THE PIECES BACK TOGETHER

“What to do when what you’re doing isn’t working”

## Problem:

**When tested, the patient doesn’t respond to any formula.**

**Answer: Possibly the patient’s reaction time is being delayed.**

Sometimes, rather than responding in 5-7 seconds, the body will take upwards of 20-30 seconds. There are several possible causes for this delay:

- 1 **Dehydration can cause imbalance in the body’s electrical system:** This can be corrected by having your patient drink more water.
- 2 **Drugs: Many prescription drugs can cause a delayed reaction.**
- 3 **Thyroid Conditions:** A low functioning thyroid gland can cause a delayed reaction

If a patient doesn’t seem to be responding to any formula, re-administer the formulas that best match the primary condition(s) and wait 20 –30 seconds before muscle testing or leg length checking.

## Problem:

**Patient tests positively to a formula but condition does not improve.**

**Answer: Get the total picture**

1. **Test complementary formulas, which are listed.** These are listed for every formula along with indications for use and ingredients in the Physician’s Quick Reference Manual.
2. **Use the repertory in the Physician’s Quick Reference Manual.** This shows the priority order of SafeCare<sub>rx</sub> formulas to test for particular conditions.
3. **Consider related conditions or symptoms.** Stimulating the body’s maximum healing response can require consistent use of several formulas at once. The most therapeutic combination of formulas may not be the most obvious. As you put the pieces of health back together in difficult cases, test a few new formulas each visit in search of other positive formulas for the non-responding patient. Try giving different combinations of confirmed formulas for one to two weeks at a time. Also, either provide other services, such as diet, nutrition, herbology, other chiropractic techniques and counseling.

**4. Do not jump to conclusions simply by reading the name of a formula which tests positive.** Because a patient tests positive, this does not confirm that he or she has that condition. The person may be responding positively to one or more of the ingredients in the remedy. This means the body requires at least one of the ingredients in the formula, but the patient does not necessarily have the condition that appears on the label. The names of the **SafeCare<sub>RX</sub>** formulas should not be used as the ultimate diagnostic tool. For example, a patient using the **Wart Freee...** formula may find that it clears an allergy or sinus condition that began about the time the warts appeared. Likewise, a patient using the **Allergies & Hay Fever Reliever** may find warts clearing. So, the **Grief and Guilt Reliever** may clear warts as well. The **Grief and Guilt Reliever** may also clear indigestion or a recurrent neck or back problem. This is because homeopathy targets underlying causes, and underlying causes are often deceptive.

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# MINOR REMEDIES FOR MAJOR PROBLEMS

Homeopathy realizes we are designed to be healthy and works by activating our inner abilities to heal and restore. The key to success is finding and correcting all the interferences. Homeopathy actually corrects nerve interferences. Homeopathy empowers the physician to correct interferences throughout the whole nervous system.

Like chiropractic, homeopathy is a highly individualized healing art. Finding the corrections for the interferences is the key to its success. Any true cure requires the actual correction of the underlying cause. Although not always easy, it is well worth the results.

Homeopathy can have seemingly minor remedies that offer the solution to major problems. With thousands of remedies from which to choose, we have turned this complex task into a system that is easy and accessible to the high volume practitioner.

Our homeopathic procedural system has been worked and refined in practice over the past 25 years. Even with its high percentage of results through simplified procedures, challenging cases will still arise. The doctors who are willing to rise up to meet these cases will be the ones who will reap the rewards of correcting these challenging cases.

Homeopathy equips you to help the greatest number of people overcome the greatest diversity of problems than any other healing art. Homeopathy, with its vast accumulation of clinical data, empowers the physician to make the most significant healing impact on society. With our procedural system for homeopathy, you can do this without spending excess time with your patients. Homeopathy equips you with the ability to enjoy benefits of a high-volume practice with the greater rewards of a broad-spectrum practice.

Our procedural system keeps homeopathy easy even when addressing difficult or resistant problems. The key is to stay persistent when faced with a challenging case. The only losers are the ones who give up prematurely. Our procedure is like following the yellow brick road to health. Keep your mind open to all the possible underlying causes.

Homeopathy is based on the Law of Similars. Whatever products seem similar, you could consider. Our procedural forms will keep you on the right path to optimal results. These forms include the patient health appraisal, the worksheet, and the test sheet. These forms, along with the Physician's Quick Reference Manual, and the reflex response test make homeopathy simple and easy for anyone to practice. Reading over these procedures in one evening will bring proficient results in the very next day of practice.

Let's look at how the minor remedies can help us solve some of the more difficult cases. In a chronic back pain case, we would first consider the more common remedies such as Back, Neck, Muscle & Joint Injury Formula™, or Arthritis Reliever™. If one or two of these had tested positive, but only showed minor

results, we would look further. For example, we would further test using the following:

- 🕒 **Muscle Maximizer™** – for hormonal weakness, muscle weakness, etc.
- 🕒 **Sporting Edge™** – for general weakness in the structural support tissues,
- 🕒 **Sciatipler™** – for sciatic nerve involvement.
- 🕒 **Calcium Metabolizer™** – for complete calcium utilization.
- 🕒 **Bone Strengtheners™** – for the strengthening of our bones.
- 🕒 **ICV Formula™** – for the ileocecal valve and its related problems with the back.
- 🕒 **9-1-1 Stress Control™** – for related stress issues.
- 🕒 **Fears & Phobias™** – for related stress issues.
- 🕒 **Acid Clenz™** – for related acid conditions.
- 🕒 **Wounds Recovery™** – for related injury issues.
- 🕒 **Constitutional Enhancer™** – for overall health enhancement.
- 🕒 **Constipation** – for related issues.
- 🕒 **Urinary Infections™** – for related issues.
- 🕒 **Female Reproductive Remedies** - for related issues.
- 🕒 **Male Reproductive Remedies** – for related issues.
- 🕒 **All The Detox Remedies** – for related issues.
- 🕒 **TMJ/Jaw™** – for related issues.
- 🕒 **Lymeplex™** – for related issues.

Other considerations would arise by looking at the whole person. For example, even though homeopathy, does not treat symptoms, it does listen closely to symptoms as the body's innate communication to us. The most pronounced symptoms give us the general order in which to correct the underlying causes with homeopathy. Seemingly unrelated problems will commonly clear up while using homeopathy. For example, you may give the Back, Neck, Muscle & Joint Injuries Formula™ and see someone's indigestion also clear up. Or, give the Wart Formula™ and see a turn from a negative to a positive disposition. This is because homeopathy treats the whole person, not the symptom. This is why you always want to look at the whole person, and the symptoms will correct themselves. If the symptoms persist, there are more remedies to find. Persistence is the essential.

Enjoy the journey!

# THE PATIENT BROCHURE

The patient brochure, **Why Your Doctor Uses Homeopathy**, inspires patients and saves you considerable time explaining homeopathy. It is a simple way to educate patients about homeopathy and which conditions you can help.

The patient brochure also lists the entire SafeCare<sub>rx</sub> product line. As patients experience the revolutionary results of the C.H.E.S.S.<sup>™</sup> and become more aware of the products, they will refer relatives and friends for all the conditions listed in the brochure. This builds your practice dramatically.

These brochures are included in the Professional Test Kit and Doctors' Discovery Kit, along with the Personal Health Appraisal and Personal Health History.

Figure 17

"I do not know what your destiny will be, but one thing I do know about you: the only ones among you that will really be happy will be those who have sought and found how to serve."

-Albert Schweitzer

"The art of medicine is rooted in the heart. If your heart is false, you will be a false physician; if your heart is just, you will be a true physician."

-Paracelsus

# SETTING UP YOUR TREATMENT ROOM

The King Bio C.H.E.S.S. is designed to work quickly, powerfully, and economically. For best results, set up your treatment room so the whole test kit is visible and within easy reach. There are several reasons for this.

- 1. Formula selection is easy. Integrating testing, and retesting into your treatment routine is essential for successfully broadening your scope of practice. This minimizes time spent with patients. Most of our doctors see between 30 and 100 patients per day, some as high as 300. You will want to be able to test and retest your patients within seconds.**
- 3. It stimulates patients to ask questions and volunteer information about other conditions they have.**
- 4. It increases referrals. Patients see all the formulas, tell you about people they know with various conditions, and end up either referring them personally or buying formulas for them.**

## USING YOUR SHELF SPACE

Treatment rooms vary so much in content, shape, and size that there is no universal standard. That does not diminish the importance of this critical issue.

You need a total of 21 feet of narrow shelf space to set up the entire test kit for optimum efficiency. (This may sound like a lot, but really it isn't.) We recommend three shelves of 7 feet X 4 inches. You may want to widen the shelves for greater versatility.

Go to a local home improvement or hardware store and pick out shelves that best suit your treatment room. This will give you the greatest flexibility at the lowest price. The little time and effort this requires is well worth it.

## INVENTORY CONTROL FORM

The image shows a sample of an Inventory Control Form. It is a table with multiple columns and rows. The columns are labeled 'Item Name', 'Quantity', and 'Reorder Point'. The rows contain various items and their corresponding quantities and reorder points. The form is designed to help users track inventory levels and reorder items as needed.

For your convenience, the C.H.E.S.S.™ also includes a simple Inventory/Reorder form. This form helps you systematically organize orders according to the specific demands of your practice before calling,

After using the system only a short time, you will see that some formulas should be more heavily stocked than others. (Best sellers vary in relation to your style of practice, types of patients, personal interests, and seasons such as Allergies and Hay Fever.)

Fig. 18

### The Inventory Control Form:

1. Saves money
2. Helps you anticipate patient needs without overstocking
3. Saves time
4. Establishes order in your patient supplement area

Special Note: Refer to your Personal Health Appraisals before ordering to be sure you've order what your patients need. For example, ordinarily you would assume that one or two **Gout Symptom Remover™** would be plenty. However, when you use the Personal Health Appraisal, you will find that many more patients than you probably thought have gout, hemorrhoids, herpes, bladder incontinence, and other diverse conditions.

**In fact patients will be very interested in many of the formulas as soon as they are aware you have them.** (We suggest you keep the whole line out where patients can see it. You will be amazed at how many referrals this brings. Watch and see.

### **INVENTORY/REORDERING INSTRUCTIONS:**

1. Number how many bottles of each formula you would like to keep on hand in the 'stock' column of the Inventory/Order form.
2. When your staff assistant checks inventory, he or she should simply note the difference between how many bottles you currently have and the stock number. Enter that under the corresponding reorder date for each formula. For example, if the 'stock' number for the **Colds and Flu** is 20 and you note 6 bottles in current inventory, enter the number 14. (That is the number to reorder.) Then, when placing your order simply read down the list under the current reorder date.
3. Should you find yourself out of certain products, either increase the stock number or decrease the time between reorders.

The Inventory Control Form saves so much time and effort. Using it is a vital part of integrating the C.H.E.S.S.™ smoothly. Feel free to photocopy it or ask us for your own PDF file.

### **Retail Formula Sales and Special Test Kit Savings**

Check with King Bio (800-543-3245) for the wholesale price and suggested retail. Take advantage of our test kit super specials. You will receive a substantial savings off our regular wholesale price – as much as 60 percent. We are so convinced of the results you will achieve with the C.H.E.S.S.™, that to help you get started immediately, some of our special full kit offers sell below manufacturing cost.

These offers are made available to you so you can catch the vision of how to revolutionize your practice with our complete system and run with it. Doctors who use the whole system experience and understand its incredible power. They are our future goals realized. Destiny is fulfilled as we conduct an honest, successful practice helping the whole person and correcting the whole nervous system.

# F.A.Q. ABOUT SafeCare<sub>RX</sub> FORMULAS

## Why do all the remedies taste the same?

The healing effect of naturally pure **SafeCare<sub>RX</sub>** formulas is in the energetic effect on the nervous system, not in the taste. Our formulas are scientific serial dilutions and successions creating a potentization process of the finest natural ingredients in a base of purified reverse osmosis water. We use naturally derived Potassium Sorbate, rather than alcohol, as a stabilizer. Although our formulas taste similar, they have diverse healing effects. Patients prefer a taste free remedy.

## Are homeopathic remedies safe for pregnant or nursing women?

Definitely, yes. The safety of homeopathic medicines makes them ideal during pregnancy, labor, and nursing. Homeopathic remedies strengthen a woman physically as well as psychologically and are very effective in treating common pregnancy conditions. Additionally, many homeopaths believe that homeopathic care during pregnancy is beneficial to the unborn child; two people (mother and child) receive treatment at the same time.

## Is homeopathy the same as herbal medicine?

No. While they may use some of the same ingredients, there is a distinct difference between homeopathic and herbal preparations. The healing properties of herbal medicines are found in their chemical composition and how this acts on the body's biochemistry. But as an energy medicine, homeopathy acts primarily upon the nervous system to activate the body's innate healing responses.

## Why do SafeCare<sub>RX</sub> formulas have three potencies?

The multiple potency approach is one of the keys to the unique effectiveness of **SafeCare<sub>RX</sub>** formulas. Our clinical research has shown that over 95% of patients successfully treated with homeopathy were helped with potency levels of 10x, 30x, or 100x. Combining these three potencies not only dramatically increases effectiveness, but results are obtained faster. Multiple potencies are powerful because they retain separate identities and don't blend together as one potency. Each individual, homeopathic potency is like a different broadcast frequency and can only broadcast it at its own potency rate. Multiple potency homeopathic remedies provide a broader therapeutic spectrum to better meet each individual's needs. The body will pick and use the potency it needs most at a given moment. The lower potencies work more specifically, while the higher potencies work deeper into the mental and emotional aspects of a condition.

## Will homeopathic remedies react negatively with prescription or over the counter (OTC) drugs?

No. **SafeCare<sub>RX</sub>** homeopathic formulas are complimentary with herbs, nutritional products, or prescription medicines as needed. In nearly 200 years of clinical use, no harmful side effects or recalls for harm done have been reported. There have been no harmful reactions reported with drugs of any kind. Homeopathy has an unprecedented safety record beyond any other health product or procedure including chiropractic.

# Chiropractor Testimonials

"I began using your homeopathic remedies in my practice about two and a half years ago because I wanted more for my patients. I had never been much of a 'mixer'. I used no therapies or any other types of modalities in my office, but I had a growing concern that I wasn't providing all I could for my patients.... Having what I considered sort of a 'purist' chiropractic philosophy and no experience with homeopathy, I started very slowly and tentatively. I quickly found the King Bio approach to be so user friendly and effective that it became a large part of my practice. I now test every patient on King homeopathics and sell many formulas every day to my pre-existing patients."

**-Michael S. Wetter, DC (Florida)**

"The **Teeth & Gums** Formula worked well on a tooth that my dentist confirmed was in need of a root canal. After taking the formula for several days, the jaw, cheek, and headache pain was gone."

**-Sally Farney Lett, DC**

"I use the formulas on my entire family."

**-Fred J. Lewin, DC (Georgia)**

"I had a patient with myofascial trigger points...causing referral pain in both legs. She was only able to use a walker for ambulation. I began a regimen of **Back, Neck, Muscle & Joint**, four to six times per day. Within two and a half weeks, the patient reported she was getting ovulation pain again! Her M.S. pain, coincidentally, began at this time... With the recurrence of her ovulation, the trigger points began to remain inactive."

**-Dr Edgar P. Romero, DC (Florida)**

"Besides the usual musculoskeletal cases, I have people coming in with earaches, sore throats, rashes, constipation, memory loss, hay fever, hypertension, and the list goes on... This type of practice is much more rewarding than just neck and back pain. . . Without this type of help, all I would be giving the patients is partial, temporary relief."

**-Dr. Jan Edward Morse, DC (California)**

# **THANK YOU FOR DISCOVERING CONTEMPORARY HOMEOPATHIC ENHANCEMENT SYSTEMS AND SOLUTIONS™**

Dr. King, his family, and his staff look forward to working with you on a long-term basis, assisting you in the complete neural restoration of your patients.

If you have any questions, or would like to place an order, please give us a call at:

**(800) 543-3245**

(Visa, MasterCard, American Express and Discover accepted)

## **We can be contacted at:**

**King Bio™ 3 Westside  
Drive Asheville, NC  
28806 800-543-3245  
828-255-0201 Fax: 828-  
255-0940  
[www.kingbiochiro.com](http://www.kingbiochiro.com)  
[info@kingbiochiro.com](mailto:info@kingbiochiro.com)**

# About the Author

## Frank J. King Jr., ND, DC



Dr. Frank J. King is the founder and president of King Bio™ in Asheville, North Carolina. King Bio is an FDA registered pharmaceutical manufacturing company dedicated to research, development, and education of safe, natural, homeopathic medicines. Dr. King is also a member of the prestigious Homeopathic Pharmacopoeia Convention of the United States (HPCUS). The HPCUS works directly with the FDA as a governing authority of homeopathy in the United States.

Dr. King is a nationally recognized researcher, lecturer, and author in homeopathy. His passion to develop an innovative, highly efficient, and safe, natural medicine protocol launched him immediately into research following the establishment of his chiropractic practice. And for over two decades, he and his colleagues have researched to discover the most successful natural medicines and their procedures. Dr. King has developed over 200 natural homeopathic medicines along with new procedures to empower both the physician and consumer in their quest for optimal health.

As a contributing editor to many professional journals, Dr. King's articles have been published in *The American Chiropractor*, *Chiropractic Economics*, *Dynamic Chiropractic*, *In Practice Magazine*, *Chiropractic Products*, *The Chiropractic Journal*, *HealthKeepers*, *The Internist*, *Explore*, and *Healthy and Natural*.

As part of his ongoing effort to educate about the benefits of homeopathy, Dr. King frequently speaks at professional meetings and continuing education seminars. He is always well received; audience surveys include comments that Dr. King's presentations are practical, "enlightening and to the point", "innovative", "entertaining", and "...just what I needed! ..."

Dr. King, his wife Suzie, and their three children live on their farm near Asheville, North Carolina. The Kings are committed to restoration of the genetic diversity of the great American Bison, and host the largest bison herd in the southeastern United States. The entire King family practices and promotes healthy lifestyle and experiencing life to its fullest potential.

# King Bio's Doctor Referral Service

We receive calls and emails daily from individuals seeking healthcare practitioners to assist them in discerning the best remedies for them and their families. To serve our customers better, King Bio has created a **Doctor/Practitioner Referral List** posted on our web site and use in our Customer Service Department.

As the requests grow from all over the U.S. and abroad, we hope you will join us in this service. Please consider completing the attached form to assist us in serving the growing need for high quality complementary healthcare Doctors and Practitioners.

Often these calls are from people with specific conditions seeking specific remedies and advice. As such, we would prefer that all our referral doctors carry the **Full Professional Test Kit** of the 119 King Bio remedies for testing purposes.

Please call us with any suggestions or questions you may have. As a physician based company, our intention is one with yours—to alleviate the suffering of people with the highest and greatest degree of compassion and professional expertise.

Thank you!

PS. You can return this application by **U.S. Mail** or **FAX at (828) 255-0940**.

## King Bio Doctor/Practitioner Referral List Application

Doctor's Name and Degree \_\_\_\_\_

Name of Clinic (if applicable) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-mail address \_\_\_\_\_ Website \_\_\_\_\_

Do you have the full test kit? Yes \_\_\_\_\_ No \_\_\_\_\_

If not, do you intend to continue expanding your present test kit? \_\_\_\_\_

Approx how many King Bio remedies do you have to test with? \_\_\_\_\_

Do you use testing procedures? Yes \_\_\_\_\_ No \_\_\_\_\_ What type? \_\_\_\_\_

How many doctors are in your clinic? Name(s) of those using homeopathy: \_\_\_\_\_

Have you attended a King Bio 12 hr. Practitioner's Seminar? Yes \_\_\_\_\_ No \_\_\_\_\_

Do you routinely test most of your patients for King Bio Products? Yes \_\_\_\_\_ No \_\_\_\_\_

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